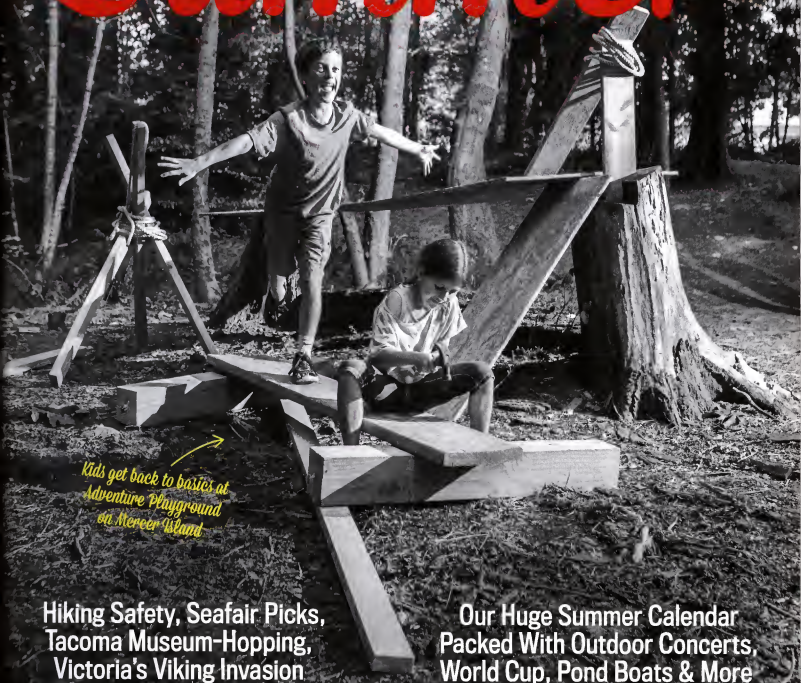


# Seattle's Child

WELCOME TO

# Summer



*Kids get back to basics at  
Adventure Playground  
on Meneer Island*

Hiking Safety, Seafair Picks,  
Tacoma Museum-Hopping,  
Victoria's Viking Invasion

Our Huge Summer Calendar  
Packed With Outdoor Concerts,  
World Cup, Pond Boats & More



**The average person **saves \$800**  
when they switch their loan to Verity.\***

Go fishing for a better rate!  
**VERITYCU.COM/DRIVEHAPPY**



**VERITY**  
CREDIT UNION

\*Based on a \$25,000 loan at a 1% (100 basis points) lower rate over a 72 month term, the average person saves \$800. Offer good only to refinance vehicle, boat or RV loans from another financial institution through 12/31/14. Available for qualified borrowers only. Verity Credit Union is federally insured by the NCUA.

Family Friendly Day Trips  
& Multi-Day adventures available.  
Fun and professional guides,  
great rates, and no ferry hassles!

**akt**  
anacortes kayak tours

**Join us!**

**(800)992-1801 • [www.anacorteskayaktours.com](http://www.anacorteskayaktours.com)**

**You hired a nanny.  
What next?**

**NannySure™**

Go beyond references and background checks.  
With your nanny's permission and the help of smart  
technology, NannySure will observe your nanny  
interacting with your child, at home and on-the-go.



Gain insight into how your children are being  
cared for today. Let NannySure provide you  
with real-time tracking, video and reports from  
unobtrusive caregiver observations.

more information ▶

**[nannysureusa.com](http://nannysureusa.com)**

# Contents

JULY-AUGUST 2014 / Issue 421

- 7 FRIDGE DOOR
- 9 DAD NEXT DOOR  
Risky Business
- 13 BABY'S BRAIN AND BEYOND  
Q&A with the author of *Zero to Five*
- 16 LEARN MORE ABOUT  
YOUR CHILD'S BRAIN  
Online training modules  
for parents from UW
- WELCOME TO SUMMER
- 17 GO TAKE A HIKE
- 19 GO TO SEAFAIR
- 20 EXPLORE TACOMA
- 21 INVADE VICTORIA
- 23 FAMILY CALENDAR  
Erika's Picks, Jetty Island,  
World Cup Viewing, Outdoor Movies  
and Concerts, Pond Boat Sailing,  
Drop-In Arts and Crafts,  
West Seattle Neighborhood Walk

COVER PHOTO by Joshua Huston



## SeattlesChild.com

Your guide to summer in the city (and beyond): best spray parks, wading pools, and beaches, toddler outings, Fourth of July events, family road trips, u-picks, picnic spots and more...



## Seattle'sChild

ANN BERGMAN  
Publisher, Editor, Founder  
abergman@seattleschild.com

TARYN ZIER  
Website Editor  
tzier@seattleschild.com

AMY CADWELL  
Publisher's Assistant  
acdwel@seattleschild.com

BOO DAVIS  
Art Director

LISA BERRY  
Advertising Design

BARB KITTELL  
Calendar Editor  
calendar@seattleschild.com

PEG SIMON, CHRIS STAY  
Proofreaders

Advertising Sales  
WENDY CLARK, 425-361-9303  
wclark@seattleschild.com

KRIS ROSS, 206-687-9282  
kross@seattleschild.com

DENISE QUARLES, 206-617-7801  
dquarles@seattleschild.com

### Seattle'sChild

VOICE 206-441-0191

MAIL c/o USPS #112,  
1463 E. Republican St. #193,  
Seattle, WA 98112

ONLINE seattleschild.com

## BELLEVUE CHRISTIAN SCHOOL



### DEVELOPING THE WHOLE CHILD

PRESCHOOL THROUGH  
12TH GRADE

Campuses in Bellevue and Woodinville

BCS Mission: Prepare young people to live fully for God in a rapidly changing world, with the ability to understand, evaluate and transform their world from the foundation of God's unchanging values.

**DiscoverBCS.org**

Contact: admissions@bcsmail.org

## SAMENA

•SWIM & RECREATION CLUB•



Programs from Preschool through Middle School  
Before & Afterschool • Preschool • Swim Lessons  
School Break and Summer Camps

**JOIN TODAY!**

TOP QUALITY FAMILY RECREATION & FITNESS SINCE 1958

www.samena.com • 425-746-1160 • 15231 Lake Hills Blvd, Bellevue



Fun, Educational and Creative Toys for the Entire Family

**Seattle's Largest Toy Store**

*Now back upstairs with more parking!*

Arts & Crafts • Books • Baby Accessories • Dolls • Kites • Puppets • Puzzles  
Musical Instruments • Science • Games • Environmentally Conscious Toys • Party Favors

120 N. 85th St., Greenwood • 206-782-0098

Also at Pacific Place, Downtown • 206-623-1370

**www.toptentoys.com**



**WEST SEATTLE BOWL**

- Birthday party packages
- Group events and fundraisers
- Junior league



Sign up for our summer  
**Kids Bowl Free** program at  
[WWW.WESTSEATTLEBOWL.COM](http://WWW.WESTSEATTLEBOWL.COM)



**COME  
FACE TO FACE  
WITH NATURE.**

Northwest Trek  
Wildlife Park

VISIT NORTHWEST ANIMALS IN THEIR  
NATURAL HABITAT AT OUR 725 ACRE PARK.  
LEARN MORE AT [NWTREK.ORG](http://NWTREK.ORG)

*Fey Grey*  
ORTHODONTICS

Orthodontics for Children and Adults  
Ask about our complimentary  
initial consultation.

"Check out our  
Invisalign Teen!"

BOTHELL • 425-485-9633  
[WWW.FEYANDGREY.COM](http://WWW.FEYANDGREY.COM)



**SHARKMANIA!**  
**NOW OPEN**

POINT DEFANCE  
**ZOO  
& AQUARIUM**  
Metro Parks Tacoma

Visit us at [careworksseattle.com](http://careworksseattle.com)

**SEATTLE'S PREMIER  
NANNY AGENCY**

Known for our  
exceptional personal  
service, long-term support  
and unique approach  
to finding just the right  
fit for your family.

**YOUR CHILD DESERVES  
THE BEST.  
AND SO DO YOU.**

**CAREWORKS**  
INNOVATIVE NANNY SOLUTIONS  
206-325-7510 • 425-641-9522

# Seattle's Child Families Shop Local



## CHILDREN'S STORE

a modern children's store carrying a large selection of toys, accessories, baby gear & furniture.

[www.shopweetots.com](http://www.shopweetots.com)



10245 Main St., #103  
Bellevue, WA 98004  
425.502.7182



**Kookaburra Kids**  
Laugh. Play. Trade.

At Kookaburra Kids, you will find clothing and toys I have selected personally as items I think are stylish and in new to nearly-new condition. I also appreciate quirky, off-beat or vintage style, so we are not your average consignment shop. My hope is that you find that perfect item every time you come in! As a token of my appreciation, please stop in for \$5 off your next purchase over \$25.00!



- Rhea, shopkeeper at Kookaburra Kids

206-525-0619

[www.facebook.com/kookaburraidshop](http://www.facebook.com/kookaburraidshop)

Discover great finds and outstanding customer service, right in your own backyard.



## Seattle's Child



**TOP-TEN-TOYS**



Fun, Educational and Creative Toys for the Entire Family

**Seattle's Largest Toy Store**

*Now back upstairs with more parking!*

Arts & Crafts • Books • Baby Accessories • Dolls • Kites • Puppets • Puzzles  
Musical Instruments • Science • Games • Environmentally Conscious Toys • Party Favors

120 N. 85th St., Greenwood • 206-782-0098

Also at Pacific Place, Downtown • 206-623-1370

[www.toptentoys.com](http://www.toptentoys.com)

Storytime daily 11am except Sunday  
Customized Reading Plans  
Kid and Adult Reading Groups  
Author Events



**\$5 OFF** on any purchase of \$25 or more

Not valid with other offers. Coupon expires Sept. 30, 2014

7220 Woodlawn Ave NE • 206-518-5886  
[www.mockingbirdbooksgl.com](http://www.mockingbirdbooksgl.com)

**childish things**

a children's resale boutique

Gently-used children's and maternity things  
New products and gifts • Buy, sell, trade

10002 Holman Rd NW • Seattle 98177

206-789-1498 • [www.ChildishResale.com](http://www.ChildishResale.com)



**Bootyland**

1317 E Pine St Seattle  
[bootylandkids.com](http://bootylandkids.com) 206.328.0636

# \* FridgeDoor

PEOPLE \* PLACES \* THINGS



## Creating worlds of their own

Find Free, Inventive Fun at Mercer Island's Adventure Playground

**A**ttention tinkerers, explorers and builders! Wait, that is every kid, really... and that's why the Adventure Playground on Mercer Island is such a great idea.

In a sectioned-off, forested, fairy-tale spot in Deane's Children's Park, kids are provided with toolboxes, various building supplies—wood, hammers, nails, rope—and the freedom to create their own playzones.

Adventure Playgrounds are a European invention, encouraging kids to

build and shape the environment according to their own vision. They can construct, climb, explore, play hide-and-seek; whatever intrigues them as they are left to their own devices.

"There are plenty of trees, fallen trees and shrubs that make for a great environment to build forts and create worlds of their own," says Adventure Playground coordinator Ann Grabler.

The idea for Adventure Playground was born as Mercer Island Parks and Recreation staff searched for more ways kids could enjoy unstructured play. It's

the fourth such playground in the country, and the first in Washington state.

Harken back to your favorite memories as a child, exploring the woods or cruising the neighborhood on your bike, given the freedom to enjoy the carefree years of youth. Adventure Playground will give your kids a little of the same.

Adventure Playground is open on Tuesdays, Thursdays and Sundays from 1 to 4 p.m. throughout the summer. Visit [www.mercergov.org](http://www.mercergov.org) to learn more.

—Taryn Zier



**VASHON ISLAND**  
CHAMBER OF COMMERCE

Family fun on Vashon Island starts with an easy ferry ride from Seattle, Tacoma and Southworth!

**VASHON ISLAND'S  
NATIVE PEOPLE:  
NAVIGATING SEAS OF CHANGE**



WEDNESDAY: UNWASHED SHAWN PETERSON - 10:00 AM  
VASHON-MAURY ISLAND HERITAGE MUSEUM  
8000 1ST AVENUE, SEATTLE, WA 98148-3800 (206) 465-7800  
VASHONHERITAGE.ORG

**VASHON FARMERS  
MARKET**

**SATURDAYS APRIL-DECEMBER  
IN THE VILLAGE GREEN**

**GENUINE LOCAL GROWERS  
and ARTISANS**

**VIGAVASHON.ORG** 

**Snapdragon**  
Bakery & Cafe  
Breakfast, Lunch & Dinner



Live Music on  
Wednesdays, Saturdays & Sundays  
**vashonsnapdragon.com**

**WWW.VISITVASHON.ORG**

**VASHON  
WATERSPORTS**



**Tours,  
classes  
& rentals**

**(206)463-9257**

**VASHON SHEEPDOG CLASSIC**  
2014 NATIONAL HERDING CHAMPIONSHIP



**AUGUST 22, 23, 24, 25**  
Admission \$8 | Misty Isle Farms | Dawn to Dusk  
Event tickets & shuttle info at Brown Paper Tickets  
Local food, fare & spirits | Fiber Arts  
Crafts | Kids' Activity Zone | Shearing Demos  
**VASHONSHEEPDOGCLASSIC.COM**

**July 18-20,  
2014**



**VASHON ISLAND FARMERS  
MARKET**

## \* FridgeDoor



### Turn Your Street into a Play Street!

**"D**on't play in the streets!" Ever admonished your kids or others in your neighborhood with this sage advice? Well, the Seattle Department of Transportation is offering you a chance to eat your words (at least temporarily) through its Pilot Play Streets Program.

Play Streets is exactly what it sounds like—it's an opportunity for neighborhoods to close off their streets from cars for a short time so that kids and adults can literally play in the streets. Whether it's creating chalk art that spans the expanse of the road, hopscotch, kickball or other activities that require more hard surface than a sidewalk, the Play Streets program is a chance to connect with neighbors and play together safely. Neighborhoods that join Play Streets will receive a free permit to temporarily close their street to traffic—closures that occur when the neighborhood wants them too.

Depending on their location, Seattle streets may be converted into Play Streets as much as the community desires it. For example, during the summer, a neighborhood group might plan to host a Play Street twice a week in summer. The transportation department will use the following criteria to determine whether a street can be closed:

1. The play street should be no more than one block long.
2. The street should be a non-arterial street.
3. There must be clear visibility from each intersection.
4. The play street must have neighborhood support.

To learn how to turn your street into a Play Street, go to the play streets web page at [www.seattle.gov/transportation/playstreets.htm](http://www.seattle.gov/transportation/playstreets.htm).



## Risky Business

**A** block from the house where I grew up, a steep dirt road descended from our street into an empty field. Each winter, after the first heavy snow, every kid in the neighborhood dragged their Flexible Flyers and Slide-a-boggans to the top of that road.

One year, we built a ramp at the bottom of the hill. It was only a couple feet high, but to us it seemed like an Olympic ski jump. That moment of airborne exhilaration more than made up for the rough landing that inevitably followed. That is, until my brother Ron landed on his face instead of his sled.

I suppose, as his big brother, I should have walked him home. But we were having a really good time. And besides, it always looks like more blood than it really is when it spreads out in the snow like that.

Ron worked hard to sustain his tears until he got home, so our mom would be sufficiently impressed by his wounds. But when she saw him she just told him he deserved it for doing something so stupid.

That story has endured in our family as an example of my parents' preference for correction over comforting. But lately, I've come to see it as more than that. My parents believed that a life lesson doesn't arrive on a silver spoon. More often than not, it punches you in the face—and if your nose gets bloody, so much the better. Lesson learned.

Every child has to learn how to tolerate reasonable risk, how to avoid excessive risk, and how to know the difference. To do that, they need to experience risk first-hand. As the saying goes, good decisions come from experience, and experience comes from bad decisions. But most parents want only to protect their kids from risk, not expose them. How much protection is enough?

In 1985, we answered that question in a courtroom. That's

the year the Chicago Park District paid 9.5 million dollars to the family of a toddler who fell from a 12-foot slide. The upshot of that case, and others like it, has been to regulate playgrounds so closely that every one in America has the same basic features with the exact same specifications.

In Europe, they had a different answer. In 1931, a Danish landscape architect noted that children often preferred abandoned lots to playgrounds. He proposed the creation of "junk playgrounds" where children would have the raw materials to

imagine, construct and create a reality of their own. After the war, his ideas spawned the adventure playground movement.

Today, there are about a thousand adventure playgrounds all over Europe. They are monitored by trained adults to prevent truly dangerous situations,

but they are largely free of parents, who just drop their kids off and leave. The areas are fenced, but usually include natural settings like forests, creeks and fields. They contain materials and tools for constructing makeshift buildings, and old furniture to fill them with.

Some even include fire pits where children unleash their inner pyromaniacs.

I'll bet your head is about to explode right now. Creeks? Construction tools? FIRE

PITS?!!!! Is there a Med-Evac team standing by? But the accident rate at these parks is significantly lower than at conventional playgrounds. One park reported that out of 15,000 kids who visited them in their first four months of operation, only 0.014% sustained injuries of any kind, and most were just minor scrapes and bruises.

Unfortunately, fear of liability has made adventure playgrounds rare in the U.S. At

to cross a busy road and ride a bike safely. Let them master their street, their block, their neighborhood and beyond.

Let them build. Teach them to use a hammer. Then a saw. Give them some scrap lumber and some nails. Watch castles rise.

Let them cook. Teach them to use a knife, and a stove. Let them cook dinner once a month—making anything they want.

Let them take things apart. An old radio. An old vacuum cleaner. Let them dissect it to see how it works, then put it back together again. Let them go wild.

Take them to the woods. To a stream. To an overgrown vacant lot. Let them explore places where they never know exactly what they'll find.

Just let them be. Give them time without structure and without adults. They may be confused at first, or fearful, or just plain bored. Good. Boredom

***"Just let them be. Give them time without structure and without adults. They may be confused at first, or fearful, or just plain bored. Good. Boredom is the mother of invention."***

last count, there were only four: three in California, and one right near Seattle on Mercer Island. But the point is, you don't even have to leave your neighborhood to bring adventure to your kids. Here are a few ideas to get you started.

Let them wander. Teach them

is the mother of invention.

Maybe it's time to let kids be kids again. After all, there's an adventure playground waiting for them just outside their door. I think it's called: "the world."

*Jeff Lee lives on a really good sledding hill in Seattle, WA.*



By Jeff Lee, M.D.

# THE Summer DESTINATION

Discover sensational events  
and offers all summer long  
at American Girl® stores!

Get a summer-only style—the Tropical Twist Bun



Sip a special summer smoothie



Select events in  
partnership with



Create a cool craft



Find the store-exclusive Beach Cabana Set!



See the new Girl of the Year® movie in July



Isabelle  
DANCES INTO  
THE SPOTLIGHT  
movie-viewing event



Discover our Beaches Resorts "Family Tropical Getaway" Sweepstakes!\*

Get full details at the American Girl store nearest you.

\*NO PURCHASE NECESSARY. MANY WILL ENTER, FEW WILL WIN. Void where prohibited. Must be 18 or older to enter. Get rules and full details at one of American Girl's 16 retail stores nationwide. Sweepstakes ends 8/22/14 at 9 p.m. CDT.

DELTA  
VACATIONS

FREE summer craft! Join us Thursdays to create a fun anklet—in stores only!

 American Girl®  
Alderwood Mall, Seattle

Visit [americangirl.com/seattle](http://americangirl.com/seattle) for details on our summer-only events and experiences.



*Isabelle*  
DANCES INTO  
THE SPOTLIGHT  
movie-viewing event



Attend the in-store premiere of Isabelle's movie—coming July 18!

 **American Girl**  
Alderwood Mall, Seattle

Call 877-247-5223 to book your event reservations.

Escape to the Tropics!

# TROPICAL BUTTERFLY HOUSE!

NOW PLAYING IN  
IMAX® 3D

"I would call this a five star movie and would highly recommend it to friends of all ages." – Sophie, 10 years old

IMAX  
ISLAND OF LEMURS  
**MADAGASCAR**  
3D

NARRATED BY MORGAN FREEMAN

BOEING  
**IMAX**  
THEATER



WARNER BROS. PICTURES  
© 2005 Warner Bros. Inc. All Rights Reserved

IMAX® is a registered trademark of IMAX Corporation.

Pacific Science Center is committed to providing accessibility for all guests. For detailed information about our facility and services, please visit [pacificsciencecenter.org](http://pacificsciencecenter.org).

  
**PACIFIC SCIENCE CENTER**

Located under the arches, near the Space Needle [pacificsciencecenter.org](http://pacificsciencecenter.org)



**Seattle Nanny**  
NETWORK INC.

Placement • Support • Training • On-call Sitters

*"They are professional, dependable, and caring. I can't recommend them highly enough!"*

– Jeanie Hanson, Owner, Great Play of Redmond

Serving the Greater Puget Sound area

[www.seattlenanny.com](http://www.seattlenanny.com)

206-467-1999 or 425-803-9511

## North Seattle College Cooperative Preschools

Community and education  
for your child and you!



Programs  
for children  
Birth to  
5 years

206-934-6029

[Coops.northseattle.edu](http://Coops.northseattle.edu)

**Want to go to work  
when the kids go  
back to school?**

**Seattle's Child  
is hiring!**

- ADVERTISING SALES •
- MANAGING EDITOR •
- PARENT REVIEWERS •
- EVENT COORDINATOR •

Contact Ann Bergman for  
more information:  
[abergman@seattleschild.com](mailto:abergman@seattleschild.com)

# Seattle's Child



# Baby's Brain and Beyond

New mom distills scientific research into easy-to-read parenting guide

BY AMY HATCH

**T**racy Cutchlow spent 15 years tracking down the story for the *Seattle Times* and *MSN Money* before she took on editing national bestsellers like *Brain Rules for Baby*. After she became a mom a few years ago, the publisher of *Brain Rules* and *Brain Rules for Baby* approached Cutchlow about her own book for parents—putting to use all of the research she had conducted over the years in a way that worked for parents like her.

In her new book, *Zero to Five: 70 Essential Parenting Tips Based on Science (and What I've Learned So Far)*, she takes dozens of parenting tips based on scientific research and distills them into something you can easily digest during one of your two-minute-long breaks in the day. We chatted with Cutchlow about why she decided to tackle the book, as a new mom, and about some of her tips for fellow parents.

## Why did you decide to write *Zero to Five*?

I wrote *Zero to Five* for several reasons. I wished I'd had a book like this when I first had my baby, and I thought other new parents might appreciate it, too. I was the editor of *Brain Rules for Baby*, which is a great book for understanding how the brain develops, and I'm so grateful for that experience. But then when I had a baby, I was like, "Wait, what exactly do I do with all this information?"

My publisher had been joking about this book since I got pregnant: "Hey, the editor of *Brain Rules for Baby* now has to apply the book in her own

life—great story!" Over time, it became clear that he wasn't joking. Believe me, no one with a 6-month-old baby thinks, "You know what? I should write a parenting book!" Then I got excited about creating something really useful for new parents. It turned out to be an advantage that I was going through this stuff as I was writing the book, from six months to two years. If I were looking back now, trying to remember, the personal stories wouldn't have been as real.

## Why did you choose to focus on newborns to 5-year-olds for *Zero to Five*?

*Zero to Five* focuses on baby's first five years because this is when we, as new parents, wading



An incredible amount of change is happening in the first five years in baby's brain.

into uncertain waters, need the most help. (I know, parents of teenagers disagree!) And such an incredible amount of change is happening in the first five years in baby's brain. Starting in the second half of pregnancy, those neurons are making hundreds of connections per second. We're thinking, "I don't want to mess this up." At first, that panicked feeling is about keeping our tiny, incomprehensible newborn alive. Then you get a handle on that and say, "OK, now what?" *Zero to Five* is about what you do next.

## What is the most surprising thing parents of young children may learn about discipline from *Zero to Five*?

Well, what surprised me about discipline is the concept of teaching instead of punishing. I thought punishment was how you to taught a kid not to misbehave. You know, "Throw your food again and you're not going to your friend's house." But this doesn't teach the things you actually want your child to learn in the long run—like why they shouldn't do that thing, how they can manage the emotions behind the misbehavior, and what they might do instead.

Teaching instead of punishing doesn't mean you're weak on discipline. You have rules

and you have consequences for breaking them. But your consequences are carefully crafted and delivered in a certain way. You have to separate your desire for your child to "just do what I say right now" from the values you want your child to learn. Seattle parent coach Sarina Natkin, of Grow Learning, was incredibly helpful to me in putting together this part of the book.

## What is the one thing you would tell all first-time parents?

When you feel yourself getting frustrated, take deep breaths. Everyone's heard this. It sounds simple. But it requires noticing that you're getting upset and then just stopping in the middle of whatever's happening. That takes practice. You can practice by sitting in silence for a few minutes each day and catching on to the thoughts that flit through your head. Notice the emotions these thoughts bring up. Notice how the emotion feels in your body: palms, heartbeat, shoulders? Then name the emotion: "That's anxiety." "I'm feeling fear." Breathe. Breathing deeply is such a powerful tool because it engages the parasympathetic nervous system. It's our body's built-in way of restoring calm during stress. And when we're calm, we make better decisions. This is one tip you'll be able to use multiple times a day!

Amy Hatch is a Seattle writer who enjoys covering all topics related to kids and especially how research translates into real life.



Adapted from *Zero to Five: 70 Essential Parenting Tips Based on Science (and What I've Learned So Far)* by Tracy Cutchlow

## 3 Simple Brain Boosters for Little Ones

### PUT DOWN YOUR PHONE

We are social animals. We thrive on face-to-face interaction, and we don't function well without it. Human interaction is so important that, in baby's first years, it is what turns on the brain for certain types of learning. Some of the most critical things baby can learn are through lots of face-to-face interaction: communication skills, empathy, and control over your emotions and behavior. A large part of communication is nonverbal: interpreting facial expressions, gestures, and body language.

Children need a ton of practice reading other

people. Studies show how much time it takes to understand nonverbal communication:

Three-year-olds are better than 2-year-olds at understanding the facial expressions that add meaning to an utterance (such as a look implying "you need to do this" with a directive to clean up the toys).

Four-year-olds are able to identify and communicate emotions in body movement at a rate better than chance; 5-year-olds are even better at it.

Eight-year-olds are as good at reading nonverbal signs as adults.

### CREATE A FEELING OF SAFETY

Creating a feeling of safety is key as baby's stress-response system develops over the first years of their life. Your baby's strongest need is to feel safe with you. Children are exquisitely

sensitive to their environments. If you create an environment of safety, love, and emotional stability, good things happen:

Baby's brain develops a healthy stress-response system, efficiently deploying and then reducing stress hormones as needed.

With stress hormones in balance, baby's neural circuits for learning and reasoning are protected. The cardiovascular and immune systems can function properly.

Life's smaller stresses ("No shirt! I don't want it!") become chances for growth, because supportive relationships buffer the negative effects of stress.

Baby sees your healthy responses to stressful experiences and gets practice responding in healthy ways.

In a home with high levels of conflict, baby's stress-response system is damaged. The system is either forced into a state of constant high alert or dulled into reacting too mildly to stress. Baby is unable to form a trusting attachment with caregivers. Later, the child is more likely to be aggressive and delinquent. You might think babies are too young to understand that their parents are fighting. But babies younger than 6 months old can tell something is wrong. Babies' blood pressure and heart rate rise, and so do their levels of the stress hormone cortisol.

That doesn't mean you can never fight. Not all arguing hurts a child's brain development. If, when you argue, you are supportive of your partner and show small signs of affection, children learn that you can and will manage a conflict in a way that preserves family harmony.

### KEEP THE NAP UNTIL AT LEAST 5 YEARS OLD

Little ones younger than 5 still benefit from a nap, and naps aid learning. Researchers gave preschoolers a memory test in the morning and then a 2 p.m. nap. The preschoolers were tested again after the nap and also the next morning. The children who napped scored higher on the memory test than non-nappers, both after the nap and the next day. Researchers swapped which children napped and which didn't. Same result. Naps aid early learning, the researchers suggest, because kids' short-term memory is limited, and the sleep allows for more frequent memory consolidation.

Preschool teachers' secret: time the nap soon after lunch; have the kids lay down and stretch their legs, toes, hands, and arms; play soothing nature sounds; and rub the kids' backs for a bit.

If all else fails, your child can read in bed or play in her room for "quiet time."

## St. Louise School

Academic excellence in an atmosphere fostering Catholic faith and values



Grades Pre-K through 8  
133 - 156th Avenue SE  
Bellevue, WA 98007  
[www.stlouiseschool.org](http://www.stlouiseschool.org)  
[info@stlouiseschool.org](mailto:info@stlouiseschool.org)

Visitations  
Schedule a classroom visit  
and tour the school by  
calling 425-746-4220

Open House: Sunday, September 21, 10:00-11:00 AM



Call Today!



The Sammamish  
Montessori School  
In Redmond

Call 425-883-3271 for a tour.

- Child-centered, joyful atmosphere with strong academic focus
- Experienced, Montessori-certified teachers
- Preschool, kindergarten and elementary
- Located at the end of SR 520 in Redmond
- Family owned and operated (established 1977)
- Summer, before & after school programs

[www.sammamishmontessori.com](http://www.sammamishmontessori.com) 425-883-3271

## 华盛顿国际学校 Washington International School

- Chinese-English immersion • SAT Prep
- preschool / daycare • English Reading & Writing
- After-school Chinese • Math
- Saturday Chinese • Art, Music & Piano
- Chinese summer camp

### Seattle:

- 1201 N 145th St.
  - 12345 Roosevelt Way NE
- Bellevue:  
4228 Factoria Blvd. SE

206-380-1222

[WashingtonInternationalSchool.com](http://WashingtonInternationalSchool.com)  
[Info@WashingtonInternationalSchool.com](mailto:Info@WashingtonInternationalSchool.com)



## Education

### I-LABS

Free UW modules make latest science easily accessible to parents and educators

BY ARIEL HANSEN

**T**he University of Washington's Institute for Learning & Brain Sciences (I-LABS) has just unveiled a new resource for nonscientists that you can learn from on your own time, at your own pace. Part of the Ready Mind Project, these online training modules take as little as 10 minutes to complete, and by the end of each, you will have a clearer understanding of the state of the art in children's early learning, from research in brain imaging, genetics, behavior development and other fields of study.

"They excel at making what could be very complex ideas tangible and accessible," said Nicole Siciliano, who works in early childhood education at Haggard Nelson Childcare Resources. Siciliano, also a mother, has attended live presentations by I-LABS before, and lauded the online modules for their succinct, easy-to-navigate format.

There are currently four modules: an introduction to I-LABS, "Why the first 2,000 days matter," "The importance of early interactions," and "The power of learning through imitation." More are planned, said Sarah Roseberry Lytle, director of outreach and education at I-LABS, with five in the pipeline now and dozens more on the drawing board. She said the initial response to the modules has been very positive, with many parents learning of them through eager word-of-mouth from friends.

Each module is arranged in a slideshow format, with audio narration or a written transcript (useful options when you're trying to view it during baby's nap on your lap); photos, videos, graphics and other images that enhance the descriptions; questions to remind you what you've learned; an optional survey about your experience with the module; resources and related links.

#### Learn more

I-LABS' Ready Mind Project modules are available through <http://ilabs.washington.edu/outreach-modules>

Follow the on-screen instructions, or contact I-LABS for help at [ilabsout@uw.edu](mailto:ilabsout@uw.edu) or 206-221-1684.

## Find Yourself at Forest Ridge School of the Sacred Heart



Catholic, college-preparatory education for girls, Grades 5-12  
4800 139th Ave SE, Bellevue 425.641.0700 [www.forestridge.org](http://www.forestridge.org)

# \$20

## WELL-CHILD APPOINTMENTS

July 1-Aug. 30, 2014

*Find out if your child is eating, playing, sleeping, learning and growing well.*

Offer good for children 14 and younger

Includes free pediatric vitamins

See for Yourself: [WellChild.BastyrCenter.info](http://WellChild.BastyrCenter.info) • 206.834.4100

**BASTYR CENTER**  
FOR NATURAL HEALTH

*the teaching clinic of Bastyr University*

Naturopathic Medicine  
Acupuncture & Chinese Herbal Medicine  
Nutrition • Counseling



## Vital Kids Medicine

**NEED IMMUNIZATIONS BUT HAVE CONCERNS ABOUT SIDE EFFECTS?**

Vital Kids Medicine is here to facilitate your choice in regards to vaccination. It is our job to make sure you are educated about immunizations and that you are making an informed choice in vaccinating your child. We know that each family and child is unique and navigating this decision can be complex. If you choose to immunize your child, we want to provide the most supportive process available. This may include vaccine titers, alternative vaccine schedules and detoxification and immune support therapies to support the vaccination process. Call and make your appointment today.

**Vital Kids Medicine PLLC • 206.518.8938 • [www.vitalkidsmedicine.com](http://www.vitalkidsmedicine.com)**

## Serevi Youth Rugby Summer Camps



**SEREVI**

OFFICIAL YOUTH PARTNER 

**REGISTER ONLINE**  
[serevirugby.com/youth-rugby](http://serevirugby.com/youth-rugby)

**Healthy, Fun, Active, Co-ed & Exciting!**



### HIDDEN VALLEY CAMP

"since 1977" • For boys and girls 7-16 years old  
 Nestled in the Cascade Mountain foothills in Granite Falls, WA  
 Excellent Leadership • Small Living Groups  
 13,19 & 21 Day Sessions

- Sailing
- Canoeing
- Fishing
- Riding
- Swimming
- Divermies
- Archery
- Dramatics
- Music
- Arts & Crafts
- And much more!

(425) 844-8896 • [www.hvc-wa.com](http://www.hvc-wa.com)  
[hiddenvalleycamp@earthlink.net](mailto:hiddenvalleycamp@earthlink.net)





## SwimGuru

**Seattle's Most Effective  
Swim & Water Safety  
Instruction!**

[www.swim.guru](http://www.swim.guru) 206-200-9449

Celebrating 10 years of Amazing

## CIRCUS

**Summer Camps**  
 ★ Half or Full Day  
 ★ Weekly June 23 - August 29

**Summer Session**  
 ★ Ages 2-99 ★ June 29 - September 20

**206-652-4433**


674 S. Orcas St. Seattle [www.sancaseattle.org](http://www.sancaseattle.org) SANCA is a 501(c)(3) nonprofit organization




ACROBATICS AERIAL ARTS  
 TRAMPOLINE TUMBLING  
 JUGGLING UNICYCLE  
 WIREWALKING

**EDMONDS CENTER FOR THE ARTS  
SUMMER ARTS ENRICHMENT CAMPS!**  
 Monday-Friday | 9 am-3 pm | \$200/week

Zambini Brothers Puppets	July 7-11
Puppet Palooza!	Auges 7-11
Seattle Shakespeare Company	July 14-18
Comedy & Combat Camp	Auges 11+
Hawaiian Summer	July 21-25
Keiki Camp	Auges 7-11
Book-It Repertory Theatre	July 28-Aug. 1
Investigate, Adapt, Act!	Auges 7-11

**eca**  [www.ec4arts.org](http://www.ec4arts.org)  
 edmonds center for the arts [gillian@ec4arts.org](mailto:gillian@ec4arts.org)  
 425.275.9483

## Roaring Mouse

Creative Arts  
Studio,  
LLC

**Award Winning  
Classes in the Arts!**

Creative Arts Preschool • Birthday Parties  
Classes, Camps & Workshops

Call us up at [www.roaringmousellc.com](http://www.roaringmousellc.com)  
 206.206.4463 Seattle WA 98115 206.522.1182



## Red Gate Farm Day Camp

Weekly Horse Camp Sessions

June, July and August  
 Sammamish Plateau  
 Ages 6 to 11  
 CIT Program Ages 12 to 17

[RedGateFarmDayCamp.com](http://RedGateFarmDayCamp.com)

 early registration discount!



Ask about our program and  
 Riding Lesson Program  
 (425) 392-0111

**DON'T GET BORED.  
GET AWESOME!**  
 AT WHIDBEY CHILDREN'S THEATER

**FILMMAKING  
PAINTING  
ACTING  
PUPPETRY  
DRAWING**

ALL SUMMER LONG

**NOW ENROLLING  
AT**

**WHIDBEY CHILDREN'S THEATER.ORG**

CLASSES FOR ALL AGES  
 (360) 221-8707






# WELCOME TO Summer

## HIKE LIKE A KID

Pack patience, flexibility and leave your adult expectations at home

BY SUSAN ELDERKIN,  
WASHINGTON TRAILS ASSOCIATION



**T**oday it's harder than ever to separate kids from their screens and to connect them with nature. Fortunately, living in Seattle gives parents unique access to wild areas that families can explore. Hundreds of hikes are within a couple hours of the city and offer opportunities for families to connect with each other, get great exercise and learn about the natural world. Preparation is key to a successful hike with the kids. Here are three essential tips:

### 1 DRESS FOR SUCCESS

Dress the kids in layers, allowing them to cool down and warm up as the conditions change. Even on hot days, a summit can have a cold wind, a waterfall a freezing mist or a meadow a swarm of mosquitoes. Being able to take off and put on clothing is a key to a happy hiker and safety. And always take a raincoat. Conditions in the mountains can change very quickly.

### 2 PACK PLENTY OF FOOD AND WATER

Kids should eat and drink regularly along the trail. Food can be both a motivator and a rejuvenator; water is absolutely essential. If your kid is flagging, consider whether he has drunk enough water. Dehydration can be extremely dangerous, and kids often don't know when they are extremely thirsty. Bring extra water.

### 3 HAVE FUN!

Hike like a kid and leave your adult expectations at home. Pack patience and flexibility. Stop and feel the ferns and watch the slug slowly inch across the trail. Use teachable moments to explore the natural world. You may not reach the end of the trail or even a mile, but if you adjust your hike to the enjoyment and comfort level of the kids, you will have kids that want to go out again.

Tradition Lake Loop,  
Tiger Mountain

## HIKING SAFETY WITH KIDS

BY SUSAN ELDERKIN

**I**f you've ever held your breath as a 3-year-old runs headlong down a rooty or rocky trail, or as a 10-year-old speeds past an important trail junction, you know that safety on the trail is paramount. But it's also harder when you're hiking. One reason why kids love to hike is that certain amount of freedom and risk that they don't get at home. You want them to explore their boundaries, but not too much. The question becomes then, how do we let them explore outdoors as safely as possible without quashing their fun?

In addition to bringing clothes for all types of weather, as well plenty of snacks and water, the following are key safety rules.

### TOTE A WELL-STOCKED FIRST-AID KIT

Whether it is an easy half-mile nature loop or an overnight backpack with kids, it's always important to carry a First-Aid kit. For families, purchase a stocked kit from an outdoor store and then supplement it with items specific for kids: Bactine for cleaning wounds without the ouch, a variety of bandages for little fingers or big scrapes, Children's Tylenol, and a bug bite stick.

### SET EXPECTATIONS

Setting expectations with the kids

Washington Trails Association is a non-profit organization dedicated to protecting hiking trails and providing information about hiking. Helping parents navigate what can be a new and unknown territory of hiking with kids is an essential piece of its work. The website ([wta.org/kids](http://wta.org/kids)) offers a variety of resources that help parents figure out where to go hiking and camping and how to make the most of it. A free bi-monthly newsletter connects families to useful resources and trip reports from trails that kids actually hiked.

## Where to go

### PRETZEL TREE TRAIL

**Location:** Squak Mountain State Park (Issaquah)

**Trail Info:** 0.5 mile;

**no elevation gain**

**Good for:** Kids under 5

**Pass:** Discover Pass

This short, easy, year-round trail meanders under the cool, protective trees of

Squak Mountain State Park. It is a treat for kids because of interpretive story boards and for families with older kids who may like to wander in the woods before or after a longer hike in the park. Tucked just off the Squak Mountain picnic area, story boards illustrate the adventures of Field Mouse as he meets local forest creatures and discovers their impor-



tance in the ecosystem on his search for the Pretzel Tree. Birds and various kinds of natural habitat abound.

### HEATHER LAKE

**Location:** Mountain Loop Highway (east of Granite Falls)

**Trail Info:** 4.5 miles; 1050 feet of elevation gain

**Good for:** Age 6 and up

**Pass:** Northwest Forest Pass

Heather Lake is an excellent sampling of Washington's Cascades. Huge trees, little creeks and an alpine lake at the base of Mount Pilchuck define this hike. The route is steep in places and a bit rocky for little feet, but the destination provides two kid-pleasing features: a trail that circumnavigates its shores and water that can be waded in during hot summer days. Go early to avoid crowds on sunny weekends.

To find more information about these and other hikes, visit [wta.org/kids](http://wta.org/kids).

before embarking on a hike is an essential safety step. Being clear and consistent at the outset gives kids the ground rules and helps establish lifelong good trail etiquette.

Washington Trails Association surveyed parents and came up with these five rules for kids:

1. Stay on the trail.
2. No running and no throwing.

3. Remain with the group — younger kids within eyesight; older kids within earshot.

4. Always stop at a fork in the road and wait for others.

5. Be courteous to other hikers by stepping aside and always ask politely to pass.

These rules are as important for a 3-year-old as for a 15-year-old. Often it is the older kid that can get into the most trouble by hiking on ahead and getting separated from the party. Some parents have tried Walkie-Talkies to good success.

### TEACH YOUR CHILD WHAT TO DO IF THEY GET LOST

Let's say that even with all of the preparation and expectations, your child gets lost. The final piece of

essential gear for a kid should be a whistle. Attach it to a backpack or have them wear it as a necklace. Underscore that it is not a toy and should be used only in an emergency. Three quick blows on a whistle means, "I need help" or, "I am lost." If a kid is lost, she should stay in one place and blow her whistle, counting to three between each toot. Then be quiet and listen for someone calling to them. This should be repeated every few minutes until she is found.

Susan Elderkin is the communications and outreach director for Washington Trails Association. When she's not writing about hiking, she's on the trail with her husband and two kids.

## WHAT ARE YOU LOOKING FORWARD TO THIS SUMMER?

### It's all about the beaches

For Seattle parents Heather and John Ketchpaw, summertime boils down to one word: beach. Heading to the sand and surf on a warm day brings back fond childhood memories for both. So as summer takes hold in Washington state, taking Eleanor, almost 3, and Ben, just

a few weeks old, is at the top of the to-do list.

"There are so many great beaches nearby," says Heather Ketchpaw. "We keep a blanket and sand toys (and sunblock) in our car at all times, just in case we stop on a whim."



# Welcome to SUMMER

## BEST OF SEAFAIR FOR KIDS

There's plenty of "see"-worthy events away from the big crowds

BY WENDA REED

**I**'ve always loved Seafair, Seattle's multilayered summer festival, from the time I sold Seafair pins as a 15-year-old. With seven official Seafair-sponsored events and 27 Seafair Foundation-sanctioned community events in July and August, it's a feast for all of the senses. The signature events are the Torchlight Parade July 26 and the Hydroplane Races and Air Show Aug. 1 to 3, but these are huge happenings with lots of crowds and traffic—here are several events better suited for children.

### Most Imaginative:

#### MILK CARTON DERBY

Glue together a few milk cartons and make them into a fantastical creation to float on the lake, or join with neighbors to make a bigger vessel (free to register). If you don't have time for that, come down to Green Lake and watch nearly 100 milk carton-based craft race and compete for originality. This year, the fastest milk carton boats will race against stand-up paddle boards. July 12, 9:30 a.m. to 4 p.m., all around Green Lake, Seattle. [www.seafair.com/AnEvent.aspx?ID=37&SecID=890](http://www.seafair.com/AnEvent.aspx?ID=37&SecID=890).

### Most Unusual:

#### KLA HA YA DAYS IN SNOHOMISH

In addition to the usual street fair, food and parade, Klah Ya Days includes a baby crawl; a chance for kids to hunt for treasures in sawdust; ice cream and pie eating contests; a frog-jumping contest (they

bring the frogs; you pay \$5 to race your favorite one); a watermelon seed spitting contest; bed races and an evening balloon glow. July 16-20; most events July 19, 10:30 a.m. to 5 p.m., downtown Snohomish; balloon glow 10 a.m. in nearby Harvey Field. [www.klahayadays.com](http://www.klahayadays.com).

### Most Magical:

#### BON ODORI

Lanterns glow against an indigo sky as costumed dancers weave down the street to the hypnotic beat



of taiko drums. Most people join in with the dancers—kimonos or other Japanese clothing optional. The festival also features Japanese food, taiko and martial arts performances, craft demonstrations and—new this year—an anime exhibition. July 19 to 20, 4 to 10 p.m. on Saturday, 3 to 9 p.m. on Sunday; 1427 S. Main St., Seattle. [www.SeattleBetsuin.com](http://www.SeattleBetsuin.com).

### Most "See"-Worthy:

#### FLEET WEEK AND MARITIME CELEBRATION

Come to the Seattle waterfront to see a parade of ships from the U.S. Navy, U.S. Coast Guard, U.S. Marines and Royal Canadian Navy with military aircraft aloft, and then come aboard for free ship tours. Parade of Ships and Flight Wednesday, July 30, 1:45 p.m.; ship tours Thursday through Saturday, July 31 to Aug. 2, 9:30 a.m. to 3:30 p.m. and Sunday, Aug. 3, 12:30 to 3:30 p.m. Piers 66, 69 and 90. [www.seafair.com/AnEvent.aspx?ID=96&SecID=896](http://www.seafair.com/AnEvent.aspx?ID=96&SecID=896).

### Best Chance to Be the Event:

#### KIDS' PARADES

Although Seafair community parades require you to sign up by July 1

Milk Carton Derby



to be an official entrant, several welcome children and families to join on the day of the event at no cost.

Nancy Treder and her family have been participating in the Wallingford Family Parade since they moved to the neighborhood three years ago, and this year she's in charge of promotion for the event. She and her children, now 6 and 9 years old, plan to dress up as farmers or gardeners, in line with this year's theme of "Green Summer Up," pulling a wagon with plants and some of their chickens in a cage. She offers the following tips:

Parents are encouraged to march with smaller children. Strollers, bikes, trikes and wagons can be decorated as little floats. Bring sunglasses and sunscreen and a spray bottle to mist your children. Pack water and snacks, as it might be a while between the time you turn up at the staging area and your child's turn to march. It's fun to give to the crowd. Many parade organizers, including Wallingford's, ask that candy be rolled or given to children along the parade route, rather than thrown.

Wenda Reed is a veteran editor and writer who has been covering Seattle parenting for over 20 years.

### A Japanese favorite and other fun close to home

Nate and Sacchi Heneghan and their daughters Bel, 9, and Ada, 3, moved to Lake Forest Park just a few months ago, but they know how to spend the state's best weather months. Nate looks forward to barbecues, camping and being active together. Sacchi says craft and garden projects, summer camps, nature walks and other local outings will fill out her family's summer. And, she's sure they will

indulge in at least one traditional Japanese activity—a game called Suika wari. A native of Japan, Sacchi describes suika wari as a Japanese form of piñata. In it, blindfolded players try to break a watermelon with a stick.

Sacchi Heneghan says craft and garden projects, summer camps, nature walks and other outings close to home will fill out her family's summer.



# Welcome to SUMMER

## MUSEUM-HOP IN THAT CITY TO THE SOUTH

Getting there by bus and home by train is half the fun

BY MARGARET BERGER CASSADY

**F**or kids like my son, who are used to carpooling in Mom's or Dad's minivan, the Tacoma adventure starts as soon as you hop on a bus to head south. We took Sound Transit's express bus which leaves downtown Seattle throughout the day and takes just an hour to the Tacoma Dome station. (Bus is your best bet in this direction: The Sounder train can get you back to Seattle at the end of the day—weekdays only. Amtrak is pricey for this short trip.)

The bus drops you outside the station's parking garage. On the other side of the garage, the long green **Freighthouse Square** is a rather scruffy assortment of knick-knack shops and eateries. Duck in to Sasquatch Cinnamon Rolls for a handmade, sweet treat. Or if it's lunchtime, try Paya Thai's homemade clam chowder and generous fillets of crunch-coated fish.

Walk uphill on D Street. Looming ahead are the Tacoma Dome and the LeMay: America's Car Museum. Entering the vast main floor gallery, we were delighted by a show of shinier-than-new vintage Volkswagens; the special exhibit you'll see now honors the 50th anniversary of the classic Mustang.

Walk to the panoramic window, then turn around to look back, and ask your kids how high you've climbed uphill. They may not believe it's an optical illusion created by the curve of the unique wooden ceiling—the floor is perfectly flat!



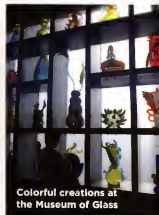
Venture down the ramps through more vast floors of vehicles, everything from a 1906 Cadillac, to a very rare Tucker, to vintage and modern NASCAR models. These gorgeous, intriguing machines impressed even my son and me, and we're not normally car fans.

The extensive collection may eventually overwhelm all but the most diehard car buffs. Press on, though, to the bottom floor's hands-on Family Zone. Kids can race a remote-control slot car around a multi-level course, and Cub Scouts especially will enjoy the pinewood derby track. The race car simulators were our favorite activity. My son hesitated when the docent warned that some folks get carsick, but I wanted to show him that Mom can be brave. The seat tilts and vibrates realistically, and the wraparound screens make it feel like you're actually driving a high-powered racecar.

Ready for a complete change of pace? Head back down D Street to the **Tacoma Book Center**, an indie



Classic cars at LeMay



Colorful creations at the Museum of Glass



"Look! See?" installation

used book store with a great kids' section. Bookworms will get happily lost in its warren of overhanging shelves, extending down hallways and up stairs. For only a few dollars, my son picked several treasures to read on the rest of our day's journey.

Two delicious choices for a sugary snack are a few steps away. Next door is the **Celebrity Cake Studio**, with a tantalizing rainbow of moist, flavorful cake slices and cupcakes to savor at dainty tables. Or, walk down the block to the tiny **Brown & Haley** outlet for tasty "seconds." We scored a large box of Almond Roca for \$9.99!

Next, for a visual treat, head to the **Museum of Glass**. Take the pedestrian underpass across from the candy store and walk up Pacific Avenue; or save your energy, and hop on the Link light rail streetcar. It's only a couple minutes to your stop called Washington State History Museum.

Walk through one of its distinctive brick arches and across the

Bridge of Glass. See the shiny silver cone ahead? That's the roof of the Museum of Glass' enormous "hot shop," where a glassblowing demonstration mesmerized both me and my son. The Education Studio offers free creative projects daily; we made cool 3-D dioramas. On weekends, you and your child can craft your own fused-glass masterpiece.

But for an exhibit sure to entertain even the art-phobic, head back to the "Look! See?" installation, where brightly colored glass and neon displays resemble balloon animals and colorful candy. Kids are actually encouraged to touch, rearrange, and play with the dozens of shining repurposed neon letters. We had a hunt for our initials and spelling out words, and parents will appreciate the unique photo op.

Museum-ed out? Hop on the streetcar back to the Tacoma Dome station, where the Sounder train leaves from Freighthouse Square. It's a relaxing ride north: instead of fighting freeway traffic, we sat back and capped off our Tacoma adventure by munching on our bargain candy, perusing our new (old) books, and soaking in the views of woods, farmland and a new view of the approach to Seattle.

*When Margaret Berger Cassidy isn't guiding tours for Rick Steves' Europe, she lives in Lake Forest Park with her husband and two kids.*

PHOTOS BY MARGARET BERGER CASSADY

## WHAT ARE YOU LOOKING FORWARD TO THIS SUMMER?



### Hawaii or Bust

Lake Forest Park 15-year-old Sam Bailey has a lot of traditions he looks forward to in summer—not the least of which are sleepovers with his best friend Aidan and a barbecue on the 4th of July. But Sam, a student at the Academy for Precision Learning, has a favorite summertime tra-

dition: the annual Bailey family reunion in Hawaii.

"We go every summer, the whole family," says Sam's mom Lori Silverstein. "He loves the beach. This year, he wants me to bury him in the sand. We tried at Richmond Beach, but just succeeded in getting dirty!"



# ROYAL BC MUSEUM'S VIKING INVASION

Exhibition shatters myths about the Viking way of life

BY DEANNA DUFF



The exhibition includes over 500 artifacts and interactive exhibits.

**N**orse mythology and the Vikings are in the midst of a pop culture conquest. Thor and his hammer battle across movie screens in *The Avengers*, and television's *Vikings* series is a Scandinavian-style *Game of Thrones*. In Victoria, Royal BC Museum's current exhibit, "Vikings: Lives beyond the Legends," reveals that the actual culture was even more exciting than fiction.

"Vikings" will satisfy visitors who are enthralled by their fearsome past and by the traditional folklore of the Viking Age, and shatters many long-held myths about the Viking way of life," says Jack Lohmann, Royal BC Museum CEO, in a written explanation.

The exhibition includes over 500 artifacts, interactive exhibits and a stunning boat reconstruction, which resembles a sophisticated, modern art installation. The Viking Age dates from roughly 750-1100 A.D. and relies indicate a culture of raiders and traders who traveled as far as modern-day India and Egypt. The word itself described an activity rather than a people - the ancient Norse idea of "going on a Viking."

The traveling exhibit arrives at its first North American stop courtesy of the Swedish History Museum in partnership with Austria's MuseumsPartner. On view through Nov. 11, it is the Northwest's opportunity to see the show before it heads to Chicago.

Take a closer look at these exhibit highlights:

## SKULL AND BONES

Kids flock to the skull-and-bones case. More than macabre, the specimens offer clues about Viking life. Worm teeth indicate a rough diet and broken bones hard labor - or violence. A skull with a noticeable hole drilled in the side reveals early attempts at neurosurgery to treat everything from headaches to seizures. **Insider Tip:** Visitors learn that the classic horned, Viking helmet is a modern myth. It was created as a costume for Richard Wagner's opera, *The Ring Cycle*.

## SWINGING THE SWORD

Up close inspection of the impressive array of swords, axes and spears reveals jaw-dropping details and craftsmanship. The hilt of an iron sword is decorated with a silver and bronze pattern, while a fearsome axe head is engraved with plant images. Some are engraved with runic inscriptions of the owner's name, such as, "Home owns this spear." **Insider Tip:** Visitors can lift a replicated sword to test its weight and feel.

## JEWELRY AND FIGURINES

Jewelry often incorporates Thor's hammer and Christian crosses. Don't overlook the impressively intricate, one-inch high, silver pendant crucifix, which is the oldest known crucifix discovered in Sweden. A 6th century, green Buddha figurine from the Indian sub-continent indicates the Vikings' widespread travel.

## SETTING SAIL

Only a few wooden Viking boats survived the centuries. Many more were burned as part of the culture's funeral/cremation rites. One of the exhibit's most imaginative displays is a ghost-like ship reconstruction using only the iron nails and rivets. The pieces are hung against a white backdrop, creating a hauntingly beautiful, 3D silhouette and shadow of a Viking ship. **Insider Tip:** Take a closer look at the "Away on Business" section. The video consoles create the shape of a ship. Also, visitors can handle Viking-style ropes made from horsehair and strips of elk leather.

## HOME AND HEARTH

Vikings did more than pillage and

plunder. They were dedicated to home life. Cleanliness and personal appearance were valued as evidenced by the variety of combs and grooming items. Women had prominent social roles. They carried keys for practical use and as symbols of rank and authority. **Insider Tip:** Use interactive touch screens to dress Vikings in clothing that illustrates their occupation and social station. Pick up a free bread recipe to bake at home, which approximates the Viking version.

## STORIES, FUN AND GAMES

Surprisingly, the *Thor* movies incorporate more facts than expected. Learn about Thor, Loki, Odin, the Valkyries—female warriors—and other Norse gods through interactive touch screen exhibits. Allow extra time to listen to pre-recorded Norse legends, such as "Thor Takes a Bite" and "The Apples of Idunn." **Insider Tip:** Visitors can learn to play Hnefatafl, a Norse board game vaguely resembling checkers.

"Vikings: Lives beyond the Legends" runs through Nov. 11. For more information, visit [www.royalbcmuseum.bc.ca](http://www.royalbcmuseum.bc.ca).

## MORE "VIKINGS" ON NEXT PAGE

## Heading to the coasts of Washington and Albania

Greta Avxhi and her fiancé Laki Kayakos look forward to taking Greta's son Jeffrey Avxhi, 11, camping at Kalaloch beach on the Washington coast this summer—an annual trek the family started several years ago.

"We love spending time at the different beaches that are in the area, fishing for perch and smelt, and hiking around the beautiful wild areas of Olympic National Park on the

peninsula," Avxhi says. In fact, the Avxhis have two sandy summer traditions: they try to visit family in Albania, where Greta was born, each summer as well.

"My family and I rent a home by the beach for swimming in the Adriatic and Ion Seas," she says. "My father took us to the ocean every summer of my childhood and I want to keep the tradition alive—here and there—for Jeffrey."



**PEPSA PALOOZA**  
EVERETT MEMORIAL STADIUM TICKETS ON SALE 6/1 AT PEPS.ORG

Southwest  
on the  
Farms  
presents the  
**2014  
FAMILY  
MUSIC  
FEST**

**CASPAR  
BABYPANTS  
ROLIE POLIE  
GUACAMOLE**

**THE  
NOT-ITS!  
WO' POP DANCE PARTY  
KEXP DJ DAREK MAZZONE**

**SATURDAY, AUGUST 16 | 10AM - 2PM**  
ALL DAY FAMILY FUN ACTIVITIES 1000. ADULT BEVERAGES AND MORE  
ALL PROCEEDS BENEFIT PROGRAM FOR EARLY PARENT SUPPORT

Need help dealing with your child's difficult behavior?



We're families helping families reach wellness and resilience.

Call 253.236.8264 or visit  
[www.guidedpathways.org](http://www.guidedpathways.org)

**Guided  
Pathways  
Support**  
For Youth & Families

INFORMATION • SUPPORT • ADVOCACY • EDUCATION

## Junior Rowing Camp at LWRC

**LWRC**  
LAKE WASHINGTON  
ROWING CLUB



July 7 - July 18, 2014  
Full-day and half-day  
9 AM - 3 PM

Lake Washington Rowing Club and Eastside Prep present a junior sculling camp at LWRC. Grades 7-11. Beginners and experienced rowers welcome. One week camp also available. Call to inquire.

- Learn a fun and unique sport!
- Improve fitness and enjoy access to the water
- Get lots of individual attention from experienced, world-class coaches

Contact 206-547-1583 or  
[lakewashingtonrowing.com](http://lakewashingtonrowing.com)  
to sign up!

## MUSEUM BONUS: BEHIND-THE- SCENES TOURS

**D**on't miss Royal BC Museum's Behind-the-Scenes Tours. A favorite with kids and adults, three tour options invite visitors to go behind the velvet rope and glimpse the museum's larger collections and gain expert insight.

Participants in the "Fossils: Paleontology Collection" tour start their journey at the freight elevator, where new acquisitions enter the building - 700 pounds of fossils in 2013. The museum, founded in 1886, has over 60,000 British Columbia fossil specimens spanning 500 million years. Tour members visit the "Bone Room" and learn about Bison George, an extinct species from 11,750 years ago. On a lucky day, a tour of the offices may yield an impromptu Q&A session with the collections manager and the opportunity to hold a fossil.

Tours are 30 minutes, limited to 10 people and open to all ages. Free with admission, sign-ups are available at the information desk beginning an hour in advance. Tours are generally offered Wednesdays and Saturdays. Check the online calendar for specific days and times. Options are: "Butterflies and More: Entomology Collection," "Fossils: Paleontology Collection," or "Museum Alchemy: Exhibits Arts and Multimedia Studios."

## VIKING EVENTS

Check the museum's website for a calendar of special events including:

**Viking Summer Camps** through August  
**Saturday Night Alive** events through summer when visitors can learn and practice Viking crafts such as nálbinding, knotting yarn into mittens, socks and hats  
**"Vikings Are Here" weekend**, Aug. 9-10, when the Society for Creative Anachronism will recreate a Viking market site.

### If you go

**What:** "Vikings: Lives Beyond the Legends." The exhibit makes its first North American stop in Victoria, B.C. In partnership with the Swedish History Museum, it showcases over 500 artifacts and interactive exhibits about the Viking way of life.

**Where:** Royal BC Museum, 675 Belleville Street, Victoria, British Columbia.

**When:** Daily through

November 11, 2014.

**Cost:** \$23.95, adults; \$17.95, youth 6-18; \$17.95 student 19+ with ID, free, child 3-5; \$17.95, seniors; \$69.95, family (two adults and three youths under 19)

**Contact:** 1-888-447-7977,  
<http://royalbcmuseum.bc.ca>.

# Calendar

WHAT'S HAPPENING AROUND TOWN IN JULY & AUGUST

## INSIDE

Erika's Picks...24 /  
Jetty Island...27 /  
World Cup Viewing...  
29 / Outdoor Movies  
and Concerts...31 /  
Pond Boat Sailing...33 /  
Drop-In Arts and  
Crafts...35 / Neighbor-  
hood Walk...36

## Tuesday, July 1

### EASTSIDE

**Adventure Playground.** This unique play area lets kids build their own play structures using toolboxes and various building supplies, under the guidance of staff. Ages 12 and older may play without a parent present if they have a signed permission slip. 1 to 4 p.m. Tuesdays, Thursdays and Sundays through Aug. 28 (closed July 6 and 13). Entrance by donation. Closed-toe shoes required. Deane's Children's Park, Mercer Island. [www.mercergov.org](http://www.mercergov.org).

**Summer Movies in the Park.** Despicable Me 2 (PG) today. Percy Jackson: Sea of Monsters (PG) July 8, Epic (PG) July 15, Mr. Peabody & Sherman (PG) July 22, The LEGO Movie (PG) July 29, Gravity (PG-13, edited) Aug. 5, The Secret Life of Walter Mitty (PG) Aug. 12, 42 (PG-13, edited) Aug. 19. Bring picnics, blankets and low-back chairs. Dusk. FREE. Each night themed to benefit a different charity, see donation needs online. Bellevue



Redmond Derby Days

Downtown Park, Bellevue.  
[www.inome.com/summervideos](http://www.inome.com/summervideos).

### SOUTH SOUND

**Children's Entertainment Series.** Alex Zerbe today, Michael "Shoehorn" Conley July 8, Jeff Evans July 15, Mikey Mike Gervais July 22, Nancy Stewart July 29, Son of Reptile Man Aug. 5, 6:30 p.m. FREE. Huntman Park, Lacey. [www.clacey.wa.us](http://www.clacey.wa.us).

## Wednesday, July 2

### SEATTLE AREA

**Red, White and Zoo.** Watch as some

animals receive patriotic-themed treats like watermelon, popsicles, corn on the cob and more. See online for complete schedule. 10 a.m. to 2:30 p.m. through Thurs. Included with admission. \$5, free ages 2 and younger. Woodland Park Zoo, Seattle (Phinney Ridge). [www.zoo.org](http://www.zoo.org).

**Bat Walk.** Learn about bats, then help search for them using a bat detector. 8:15 p.m. today, 8 p.m. July 14, 7:45 p.m. July 30, 7:30 p.m. Aug. 15, 7 p.m. Aug. 25. FREE. Green Lake Park near Bathhouse Theater, Seattle (Green Lake). [www.batsnorthwest.org](http://www.batsnorthwest.org).

## Friday, July 4 Independence Day

### SEATTLE AREA

**Wooden Boat Festival.** Beautiful wooden vessels, free boat rides, pond boat sailing, craft and skill demonstrations, food, kids' activities and more. 10 a.m. to 6 p.m. through Sun. FREE. Lake Union Park and The Center for Wooden Boats, Seattle (South Lake Union). [www.cwb.org](http://www.cwb.org).

**30th Annual Naturalization Ceremony.** Be part of the excitement as more than 400 new citizens are

**EVENTS ARE SUBJECT TO CHANGE OR CANCELLATION**  
Please call ahead or check the venue's website before you go. For a complete, constantly updated calendar, go to [seattleschild.com](http://seattleschild.com)

**EVENT PRICING**  
\$ Under \$10  
\$\$ \$10-\$20  
\$\$\$ \$20 and over

**CALENDAR SUBMISSIONS** Submission deadline is the first of the month, one month prior to publication (for example, August 1 for September publication). Include date, time, cost, appropriate ages, address, contact information and description. E-mail to [calendar@seattleschild.com](mailto:calendar@seattleschild.com). Submissions are run on a space available basis.

sworn in. Concert at 11 a.m., ceremony at noon. **FREE.** Fisher Pavilion at Seattle Center, Downtown Seattle. [www.ethnicheritagecouncil.org/naturalization.html](http://www.ethnicheritagecouncil.org/naturalization.html)

## SEATTLE SIDE

**Four on the Fourth 4K Run/Walk.** Leashed dogs and their owners are welcome to run or walk this 4K event. 7:30 a.m. check-in, 9 a.m. run/walk, followed by doggie costume contest, inflatables for the kids, Max-Mobile and a fire truck. Patriotic dress for all is encouraged. \$55, free ages 12 and younger, benefits Seattle Humane Society in Bellevue. Park at the Bellevue Library. Ashwood Park, Bellevue. [www.bellevue4thrun.com](http://www.bellevue4thrun.com).

**Ride the Rails Back in Time to 1889.** Celebrate the 125th anniversary of the inaugural passenger excursion train from Seattle to Snoqualmie Falls. Ride a commemorative train to the falls along with passengers from the 1880s (no stop in North Bend). Trains at 12:30 and 1:15 p.m. \$ to \$5, free ages 1 and younger. Snoqualmie Depot, Snoqualmie. [www.trainmuseum.org](http://www.trainmuseum.org).

## Fourth of July Celebrations

Light a sparkler, wave a flag and pass the apple pie—it's time to celebrate the Fourth of July! Visit [www.seattlechild.com](http://www.seattlechild.com) to see our grand list of celebrations. Whether you love the excitement of watching a world-class fireworks display or prefer the slow pace of a small-town parade, we've got plenty of patriotic events all around the Puget Sound for your family to enjoy.



## Saturday, July 5

### SEATTLE AREA

**Model Rocketry Day.** Lectures, exhibits and live launches. Special parent/child build and launch sessions available (\$, pre-registration). 10 a.m. to 4 p.m. Included with admission. \$5. Museum of Flight, Seattle (Boeing Field). [www.museumofflight.org](http://www.museumofflight.org).

**Wallingford Kiddie Parade and Family Festival.** Children's parade 11 a.m. (all children invited to march in the parade), followed by a festival with crafts, music and activities at Meridian Playground. Noon to 5 p.m. **FREE.** North 45th Street at Interlake

Avenue North to Meridian Avenue North, Seattle (Wallingford). <http://visitwallingford.org>.

**Color Festival.** Live music, dance performances, yoga, vegetarian cuisine, and throwing of safe, colored powder. Noon to 5 p.m. \$5, free ages 12 and younger. Seattle Center Mural Amphitheater, Downtown Seattle. [www.colorfestival.com/locations/Seattle](http://www.colorfestival.com/locations/Seattle).

**Nighttime Nature Walk: Owlets Prowl.** Enjoy a presentation from Magnuson Nature Educators and an evening walk to see which animals are active at night in the park. Bring a flashlight. All ages welcome. 8:30 to 10 p.m. \$, Pre-registration recommended. Magnuson Park Central Wetlands, Seattle (Sand Point). <http://magnusonnatureprograms.com>.

### NORTH SOUND

**Jetty Island Days.** Visit the sandbar just outside Everett for wading, sand play, nature programs, puppet shows and more (see schedule online). Ferry runs 10 a.m. to 6 p.m. Mondays through Thursdays, 10 a.m. to 9 p.m. Fridays and Saturdays, 10 a.m. to 7 p.m. Sundays, through Sept. 1. **FREE.** donations accepted. \$3 parking fee. Reservations strongly encouraged. Non-residents of Everett can make reservations for groups of 8 or more. 10th Street boat launch off W. Marine View Drive, Everett. [www.cleaverett.wa.us](http://www.cleaverett.wa.us).

## Sunday, July 6

### SEATTLE AREA

**Return to Renton Cruise-In.** Classic cars, trucks and motorcycles, plus music and entertainment, kids' activities, vendors and more. 10 a.m. to 3 p.m. **FREE.** Plaza Park, Renton. [www.gorenton.com](http://www.gorenton.com).

**Westlake Family Fun Day.** Music by Johnny Bregar, bouncy houses and kids' activities. 11 a.m. to 1 p.m. **FREE.** Westlake Park, Downtown Seattle. <https://www.facebook.com/events/1440564866186831>.

### SOUTH SOUND

**Tacoma Freedom Fair Wings & Wheels.** Aviation event (fly-in and static), car and motorcycle show, entertainment, kids' activities, race cars and the Smoke 'N' Thunder Jet Dragster making a 300 mph run down the runway. 11 a.m. to 5 p.m. \$ to \$5, free ages 5 and younger. Tacoma Narrows Airport, Gig Harbor. [www.freedomfair.com/wings-wheels.html](http://www.freedomfair.com/wings-wheels.html).

## Monday, July 7

### SOUTH SOUND

**Kids Club Entertainment Series.**

## Erika's Top Picks for July & August

### 1 July 5 Model Rocketry Day

Learn about rockin' rockets through exhibits and live launches, then build and launch your own in special parent/child sessions. Preregister. [www.museumofflight.org](http://www.museumofflight.org).

### 2 July 9, 16, and 23 Bat Quest

Learn about bats at the Seward Park Audubon Center and search for them at sunset with expert help. For ages 8 and older. Preregister. [www.brownpapertickets.com/event/640861](http://www.brownpapertickets.com/event/640861).

### 3 July 10 The Neverending Story 30th Anniversary Screening

Enjoy surprises, trivia, and more at the viewing of this 30-year-old (!) classic. Rated PG and part of EMP's Myth and Magic Faire. Bring blankets or sleeping bags (no chairs), costumes are encouraged. [www.empmuseum.org](http://www.empmuseum.org).

### 4 July 12-13 Dragon Fest

Hing Hay Park hosts these free days of lion and dragon dances, martial arts demonstrations and taiko drumming performances. Kids' activities abound. [www.seattledragonfest.com](http://www.seattledragonfest.com).

### 5 July 13 World Cup Final Match Viewing Party

I believe that we will win! Watch the World Cup game on a 14' x 8' high-definition projection screen, enjoy food vendors and face painting at the Phinney Center. Doors open at noon. [www.phinneycenter.org](http://www.phinneycenter.org).



Erika Bigelow lives in Seattle with her husband, three kids, one dog and nine fish. On Fridays you can find her on Q13 at 8:15 a.m. with a great list of family-friendly activities for the weekend.

### 6 July 17-19 Sideways Stories from Wayside School and Stargirl

Attend back-to-back one-act one-hour plays performed by Seattle Children's Theatre drama school students. Recommended for ages 5 and older for *Sideways Stories*, ages 9 and older for *Stargirl*. [www.sct.org](http://www.sct.org).

### 7 July 19 Mud & Chocolate Bite-Size Run

With chocolate at the finish, this three-mile trail run and half-mile Kids' Dash at Robinswood Park should appeal to all the kids. Preregister. <http://mudandchocolate.com>.

### 8 July 24-26 Timber! Outdoor Music Festival

Featuring loads of live music, camping, mountain biking, hiking, kayaking and a root beer garden at Tolt-MacDonald Park, it's free for kids 11 and younger. Preregister. No dogs are allowed. [www.timbermusicfest.com](http://www.timbermusicfest.com).

### 9 Aug. 16 PEPsPalooza

It's a fabulous family music extravaganza with Caspar Babypants, The Not-Its!, Recess Monkey, Rolie Polie Guacamole, and Wo' Pop Dance Party, with KEPP's DJ Darek Mazzone. Enjoy journey houses, tons of kids' crafts, and more. [www.peps.org](http://www.peps.org).

### 10 Aug. 22-25 Vashon Sheepdog Classic

Misty Isle Farms of Vashon hosts all-day sheepdog herding competitions. Find kids' activities, yummy food and fiber demonstrations, too. [www.brownpapertickets.com/event/639105](http://www.brownpapertickets.com/event/639105).



Recess Monkey today, Eric Ode July 16, Last Leaf Theatre July 21, The Gothard Sisters July 28, Secret Agent 23 Skidoo Aug. 4, The Not-Its! Aug. 11, Reptile Man Aug. 18, Touch-A-Truck Aug. 25, 6:30 p.m. FREE, Allan York Park, Bonney Lake. [www.ci.bonney-lake.wa.us](http://www.ci.bonney-lake.wa.us).

## Tuesday, July 8

### SEATTLE AREA

**Shoreline Noon Concert Series.** Enjoy outdoor family-friendly performances at two different Shoreline parks every Tuesday at noon through Aug. 12. **FREE.** July 8, 22 and Aug. 5 at Richmond Beach Saltwater Park, Shoreline. July 15, 29 and Aug. 12 at Hamlin Park, Shoreline. [www.shorelinewa.gov](http://www.shorelinewa.gov).

### EASTSIDE

**Children's Concert Series.** Cowboy Buck & Elizabeth today, Recess Monkey July 15, The Not-Its! July 22, Brian Vogan and his Good Buddies July 29, The Brian Waite Band Aug. 5, Johnny Bregar Aug. 12, Caspar Babypants Aug. 19, 10 to 11 a.m. **FREE.** Juanita Beach Park, Kirkland. [www.kirklandsummerconcerts.org](http://www.kirklandsummerconcerts.org).

**Kiwanis KidsFirst! Series.** Weekly hour-long performances for kids at a variety of locations in Sammamish. **FREE.** Today: Eli Rosenblatt, noon at Beaver Lake Park. July 15: magician Jeff Evans, 1 p.m. at Sammamish Commons Plaza. July 22: Eric Herman and the Thunder Puppies, noon at East Sammamish Park. July 29: Eric Ode, 1 p.m. at Sammamish Commons Plaza. Aug. 12: Alex Zerbe, 1 p.m. at Sammamish Commons Plaza. Aug. 19: magician Matt Wells, noon at Ebright Creek Park. [www.sammamish.us/events/KiwanisKidsFirst.aspx](http://www.sammamish.us/events/KiwanisKidsFirst.aspx).

### SOUTH SOUND

**Kids Club Entertainment Series.** Son of Reptile Man today, Cowboy Buck & Elizabeth July 15, Nate Jester July 22, Cap'n Arrr July 29, Last Leaf Theatre Aug. 5, Science on Wheels Aug. 12, The Harmonic Pocket Aug. 19, Touch-A-Truck Aug. 26, 11 a.m. **FREE.** Allan York Park, Bonney Lake. [www.ci.bonney-lake.wa.us](http://www.ci.bonney-lake.wa.us).

## Wednesday, July 9

### SEATTLE AREA

**Bat Quest.** Ages 8 and older can learn about and search for bats feeding at sunset with help from an expert, 8 p.m. today, July 16 and 23, 7:30 p.m. Aug. 6 and 20. **Pre-registered.** Seward Park Audubon Center, Seattle (Seward Park). [www.brownpapertickets.com/event/640861](http://www.brownpapertickets.com/event/640861).

### EASTSIDE

**Movies @ Marymoor.** Frozen (PG) today, Ferris Bueller's Day Off (PG-13) July 16, The Hunger Games: Catching Fire (PG-13) July 23, Footloose (PG-13) July 30, The Sandlot (PG) Aug. 6, Monty Python & the Holy Grail (PG) Aug. 13, Finding Nemo (G) Aug. 20, The Princess Bride (PG) Aug. 27. Bring a low-back

chair or blanket. Leashed dogs welcome. Food trucks on site. 7 p.m. **entertainment, movie at dusk.** \$ Marymoor Park, Redmond. [www.epiceap.com/movies-at-marymoor](http://www.epiceap.com/movies-at-marymoor).

### SOUTH SOUND

**Kids SummerStage.** Weekly performances just for kids. Recess Monkey July 9, Eric Herman and the Thunder Puppies July 16, The Magic of Jeff Evans July 23, The Not-Its! July 30, Reptile Isle Aug. 6, Eric Ode Aug. 13. **NOON, FREE.** Les Gove Park, Auburn. [www.auburnwa.gov](http://www.auburnwa.gov).



Ride the Rails  
Back in Time  
to 1889

**Wednesdays For Kids!** Tickle Tunes Typhoon today, The Magic of Trevor and Larena Walters today, Recess Monkey July 23, Show Brazil July 30, Secret Agent 23 Skidoo Aug. 6, Robert the Magnificent Aug. 13. **Noon to 1 p.m. FREE.** Town Square Plaza, Kent. <http://kentwa.gov/arts/summer>.

## Thursday, July 10

### SEATTLE AREA

**Honk! Jr.** Charming musical performed by The Hi-Liners based on the Hans Christian Andersen story *The Ugly Duckling*. 7 p.m. today, 3 p.m. July 12-13. **SS.** The Burien Annex, Burien. [www.hi-liners.org](http://www.hi-liners.org).

**Outdoor Movies at Magnuson Park.** Grease (PG-13) today, The LEGO Movie (PG) July 17, Gravity (PG-13) July 24, Sixteen Candles (PG) July 31, Jurassic Park (PG-13) Aug. 7, Pitch Perfect (PG-13) Aug. 14, The Little Mermaid (G) Aug. 21, Ghostbusters (PG) Aug. 28. Bring blankets and low-back chairs. Leashed dogs welcome. Food trucks on site. 7 p.m. **entertainment, movie at dusk.** \$ Magnuson Park, Seattle (Sand Point). [www.epiceap.com/seattle-outdoor-movies](http://www.epiceap.com/seattle-outdoor-movies).

**The Neverending Story 30th Anniversary Screening.** See the popular PG-rated fantasy film on the giant Sky Church screen, plus enjoy trivia and other surprises. Part of the Myth and Magic Faire. Costumes encouraged. Bring blankets or sleeping bags (no chairs). 7:30 p.m. \$ to \$\$ EMP Museum, Downtown Seattle. [www.empmuseum.org](http://www.empmuseum.org).

### NORTH SOUND

**Children's Concerts.** Tim Noah today, The Not-Its! July 17, Brian Vogan and His Good Buddies July 24, The Brian Waite Band July 31, Secret Agent 23 Skidoo Aug. 7, Recess Monkey Aug. 14, Eric Ode Aug. 21, 10 to 11 a.m.

# Discover

## THE HISTORY & CULTURE OF THE TULALIP TRIBES



## CANOE EXHIBIT

### NOW OPEN

Learn About Our Summer Programs & Activities at:

**Hibulb Cultural Center.org**

MUSEUM

GIFT SHOP

CRAFT ACTIVITIES

STORYTELLING

ARTIST DEMONSTRATIONS

WORKSHOPS

FILMS

COMMUNITY

EVENTS

6410 23rd Avenue NE  
Tulalip, WA 98271

360.716.2600  
[info@hibulbulturalcenter.org](http://info@hibulbulturalcenter.org)



# CHEHALIS-CENTRALIA RAILROAD MUSEUM

## REGULAR SEASON SCHEDULE

MAY 24-AUG 31 SAT & SUN  
SEPT 6-SEPT 27 SAT ONLY  
SATURDAYS | SUNDAYS  
1PM | 3PM | 5PM | 1PM | 3PM  
MEMORIAL DAY & LABOR DAY  
1PM | 3PM



Enjoy the sights and sounds of Steam Railroading as it used to be. Ride the 1916 logging locomotive on a scenic and relaxing journey through the Chehalis River Valley. Open now!

1-5 EXIT 77

FOR MORE INFO:

steamtrainride.com | 360-748-9593 | f

## DISCOVER THE JOYS OF LEARNING TOGETHER

at the children's museum on Bainbridge Island, steps away from the ferry!

Hands-on Exhibits  
Educational Programs  
Birthday Parties  
Field Trips



KIDIMU  
Kids Discovery Museum

Bainbridge is 206.855.4560 \$1 OFF ADMISSION  
KIDIMU.ORG

## More Quality Time For You and Your Baby.

100% cotton, hygienic clean diapers delivered to your home once a week in exchange for your child's used diapers. Call today to begin your service.

babydiaperservice.net  
simple • sustainable • smart

(206) 634-BABY (800) 562-BABY

open on Saturdays, Sundays, & Wednesdays • Trunk-or-Treat Since 1996

Children's Museum  
of Skagit County

## A Place to Play, Explore & Learn!

Field Trips, Birthday Parties,  
Evening/Business/Corporate Events  
Transportation Area, Science Exploration Zone,  
Art Studio, Toddler Area, Drama Area,  
River, Dental Area, Reading Area & More!

Mon-Sat 10am-5pm  
Toddler Tues 8:30am-10am  
Sun 12pm-5pm



Supported by  
Skagit County  
Longing  
Establishments  
Volunteer Corps

550 Cascade Mall Drive Burlington, WA 98233  
(360) 757-8888 • www.skagitchildrensmuseum.net

# Calendar

FREE. Thornton A. Sullivan Park, Everett.  
www.clverett.wa.us

**Arlington Fly-In.** Air show features flying machines of all types and sizes on display and in the air. Today is Kids' Day with activities and an air show (2 p.m.). 10 a.m. to 3 p.m. today, 9 a.m. to 10 p.m. through Sat. \$5, free ages 15 and younger. Arlington Airport, Arlington. www.arlingtonflyin.org.

**Family Movies in the Park.** Frozen (PG) 9:30 p.m. tonight, *Saving Mr. Banks* (PG-13) 9:30 p.m. July 17, *Captain America* (PG-13) 9:20 p.m. July 24, *The LEGO Movie* (PG) 9:15 p.m. July 31, *Cloudy with a Chance of Meatballs 2* (PG) 9 p.m. Aug. 7, *Despicable Me 2* (PG) 8:50 p.m. Aug. 14. Bring blankets and low-back chairs, snacks available for purchase. Seating begins 7:30 p.m. with pre-movie entertainment. FREE, donations accepted. Willis Tucker Park, Snohomish. www.sundquismovieinthePark.com.

## SOUTH SOUND

**Kent Cornucopia Days.** Street fair, carnival, entertainment, art show, safety fair, 5K fun run (Sat.), dragon boat races (Sat.), parade (2 p.m. Sun.), sports events and more. 3 to 10 p.m. today, 10 a.m. to 10 p.m. Fri. and Sat., 10 a.m. to 8 p.m. Sun. FREE. Meeker Street, Kent. www.kcdays.com.

## Friday, July 11

### SEATTLE AREA

**West Seattle Summer Fest.** Music, craft and local vendors, food, kids' area (fee and free events), and more. 10 a.m. to 8 p.m. through Sat., 11 a.m. to 5 p.m. Sun. FREE. California Avenue Southwest and Southwest Alaska Street, West Seattle. Limited parking. http://wsjunction.org/summerfest.

**Pixar in Concert.** Enjoy a compilation of images and songs from Pixar movies played live by the Seattle Symphony. 7:30 p.m. today and Sat., 2 p.m. Sat. \$5 to \$35. Benaroya Hall, Downtown Seattle. www.seattlesymphony.org.

### EASTSIDE

**Day Out With Thomas.** Popular locomotive Thomas the Tank Engine visits Northwest Railway Museum. 25-minute train ride, family activities and more. Departures 9 a.m. to 5:15 p.m. through Sun. and July 18-20. \$55 ages 2 and older, free younger than age 2 with adult. reservations required for train rides. Snoqualmie Depot, Snoqualmie. www.trainmuseum.org.

**Redmond Derby Days.** Carnival 5 to 10 p.m. today, plus outdoor movie (*Iron Man 3*, PG-13). Sat. includes 5K Derby Dash (9 a.m.), parades (10 a.m.) at Old Redmond Post Office (kids on wheels must wear helmets), carnival (10 a.m. to 10 p.m.), bicycle Critterium races, entertainment, Kids Zone, food and fireworks (10 p.m.). See online for full schedule. FREE, fee for some activities. Redmond City Hall Campus, Redmond. www.redmondderbydays.com.

### NORTH SOUND

**Arlington Street Fair.** Vendors, arts and crafts, entertainment, and more. 10 a.m. to 3 p.m. through Sun. FREE. Olympic Avenue, Arlington. www.arlingtonwa.org.

**Cinema Under the Stars.** Frozen (PG) today, *Despicable Me 2* (PG) July 18, *Iron Man 3* (PG-13) July 25, *The LEGO Movie* (PG) Aug. 1, *Mr. Peabody & Sherman* (PG) Aug. 8, *The Hunger Games: Catching Fire* (PG-13) Aug. 15. Family entertainment (7:30 p.m.) and movie (duke). Bring blankets and chairs. FREE. Cash-only concessions available. Camp Patterson at Thornton A. Sullivan Park, Everett. www.everettwa.org.

### SOUTH SOUND

**Follow That Rabbit!** PenMet Family Theater outdoor play for all ages. 6 p.m. ticket sales, 7 p.m. show. Fridays through Sundays, through July 27. S. Sehm Homestead Park Amphitheater, Gig Harbor. www.penmetparks.org.

**Movies in the Park.** Free Birds (PG). Bring blankets or chairs. Concessions available.



Pre-show activities start at 7 p.m., movie starts at dusk. FREE. Meridian Habitat Park, Puyallup. www.piercecountywa.org.

**CinemaGig Outdoor Movies.** Gig Harbor's outdoor summer theater for families. Bring low chairs and a blanket. Canceled in cases of rain or high wind. *The Help* (PG-13) 9:15 p.m. today, *Remember the Titans* (PG) 9 p.m. July 25, *Big Miracle* (PG) 8:30 p.m. Aug. 8, *Jaws* (PG) 8:15 p.m. Aug. 22. FREE. Donkey Creek Park, Gig Harbor. www.gigharborge.org.

**Outdoor Cinema.** *Man of Steel* (PG-13) today, *The Sandlot* (PG) July 25, *Despicable Me 2* (PG) Aug. 8, *Planes* (PG) Aug. 22. Bring a blanket and chairs. Concessions sold. Movie at dusk. FREE. Bradley Lake Park, Puyallup. www.cityofpuyallup.org.

## Saturday, July 12

### SEATTLE AREA

**Awesome Kids Day.** Recess Monkey concert, games, prizes, bounce houses, face painting, wellness information and more. 10 a.m. to 1 p.m. FREE. Town Square Park, Burien. www.facebook.com/AwesomeKidsDay/info.

**Know Before You Go: Burke Museum Sum-**

## GOING PLACES

### Jetty Island Opens July 5

BY TARYN ZIER

**W**hat is two miles long, a three-minute ferry ride away, free and loads of fun? Jetty Island!

A quick jaunt from Everett, Jetty Island offers an expanse of tidelands and salt-water marshes to explore, and free programs throughout the week to help kids understand more about the natural wonders of the area.

My kids enjoy the vastness of the beach, with plenty of space to run around and build mega sand castles. They love poking around in the clam and shrimp holes on the flat, trying to catch up to the little critters that flee their probing fingers.

The water remains shallow quite a ways out, which is good for little ones who want to wade out into the cool Puget Sound. The beach sports three sand volleyball courts – the perfect spot for Frisbee-throwing if they aren't being used. If you seek more privacy, haul your gear and stake your claim farther down the beach.

Pack light but smart (unless you have older kids to help carry the load); the central beach area is only accessible by a sandy path, which is not amenable to strollers or rolling cool-

ers. Bring some toys to have fun in the sand. Also, the ocean breeze makes it a keen kite-flying spot.

Here's how the ferry service works: When you arrive at the Marine Park boat launch, there is a Jetty Island kiosk where you pick up a placard, noting the next available ferry. About 60 people fit to the ferries, which run every 15 to 30 minutes. When you get across to the island, pick up a placard for the time you want to return.

On a sunny weekend day, be prepared to stay at least a few hours on the beach. If you can, get there early or plan

for a weekday to avoid heavy crowds. Everett residents can reserve ferry spots ahead of time, as can people with eight or more in their group.

Free programming on Jetty Island includes a daily interpretive walk with a naturalist, nighttime campfires, puppet shows, nature crafts and harbor cruises (with reservations). Be sure to visit the snack shack on the mainland, where kids can cool off with ice cream after their hot island visit.

Jetty Island is open July 5 through Sept. 1. For more information, call 425-257-8304 or visit [www.cieverett.wa.us](http://www.cieverett.wa.us).



**mer Festival.** Get the most out of your outdoor summer adventures with tips and activities about local plants, animals, navigation, hiking and camping, plus food, performances and more. 10 a.m. to 3 p.m. Included with admission. \$ to \$\$, free ages 4 and younger. Burke Museum, Seattle (University of Washington). [www.burkemuseum.org](http://www.burkemuseum.org).

**Queen Anne Festival.** Parade (10:30 a.m.), games, crafts, inflatables, food, music and more. 10 a.m. to 4 p.m. FREE. Big Howe Park, Seattle (Queen Anne). [www.queenannedays.com](http://www.queenannedays.com).

**Seafair Milk Carton Derby.** Features nearly 100 seaworthy crafts made primarily of milk cartons. Also family activities and food booths. 10 a.m. to 4 p.m. FREE. Southwest shore of Green Lake near Aqua Theater, Seattle (Green Lake). [www.seafair.com](http://www.seafair.com).

**Myth and Magic Faire.** Medieval-themed crafts, face-painting and family activities, plus archery and sword fighting, gaming, food, and screenings of *Adventure Time*, *The Last Unicorn* (1982) and *The Hobbit* (1977). 10 a.m. to 5 p.m. \$ to \$\$\$, includes admission to all museum galleries. EMP Museum, Downtown Seattle. [www.empmuseum.org](http://www.empmuseum.org).

**Wedgwood Art Festival.** Art, music, food and children's activities, including art stations to visit, face painting, a fire truck, and a Thistle Theater puppet show. 10 a.m. to 5 p.m. through Sun. FREE. *Our Lady of the Lake*, Seattle (Wedgwood). [www.wedgwoodfestival.com](http://www.wedgwoodfestival.com).

**40th Annual Ballard Seafood Fest.** Celebration of Ballard's heritage features arts and crafts, food, entertainment and a Kids Zone. 11 a.m. to 10 p.m. today, 11 a.m. to 7 p.m. Sun. FREE. Various Ballard locations, Seattle. [www.seafodfest.org](http://www.seafodfest.org).

**Seattle Outdoor Theater Festival.** See a variety of plays in an all-ages, outdoor format. Bring blankets or chairs. Noon, 2 and 5 and 7 p.m. today, and 11 a.m. and 2, 4, 5, and 7 p.m. Sun. See schedule online. FREE, donations accepted. Volunteer Park, Seattle (Capitol Hill). [www.greenstage.org](http://www.greenstage.org).

**Dragon Fest.** Lion and dragon dances, martial arts and taiko drumming demonstrations, arts and crafts, food, kids' activity corner, and more. Noon to 8 p.m. today, noon to 6 p.m. Sun. FREE. Hing Hay Park, Seattle (Chinatown-International District). [www.seattledragonfest.com](http://www.seattledragonfest.com).

**Bastille Bash.** French-inspired food, wine, music, entertainment and kids' activities. 3 to 8 p.m. FREE. See for some activities. E. Madison Street, Seattle (Madison Park). <http://bastillebash.com>.

**The Park in the Dark.** Learn about how nocturnal animals adapt to

their environment and go for a nighttime walk through the park. 8 to 9:30 p.m. today, July 26, Aug. 9 and 23. \$ Pre-register. Washington Park Arboretum, Seattle (Montlake). <http://depts.washington.edu/uwbq/education/Youth/family.shtml>.

#### EASTSIDE

**SK Foam Fest.** A wild, messy SK race through mud, foam and obstacles, plus family-friendly activities afterward. Course open to ages 10 to 15 with an adult, ages 16 and older can race alone. Register online. \$\$\$ 8 a.m. to 2 p.m. Lake Sammamish State Park, Issaquah. [www.skfoam-fest.com](http://www.skfoam-fest.com).

**Mercer Island Summer Celebration!** Food, arts and crafts fair, entertainment, kids' fun zone, boat rides (today, \$\$, pre-register), parade (10 a.m. today), fireworks (10 p.m. today), car show (Sun.), and more. See online for full schedule. 11 a.m. to 7 p.m. today, 10 a.m. to 5 p.m. Sun. FREE. Mercerdale Park and Luther Burbank Park, Mercer Island. [www.misummercelebration.com](http://www.misummercelebration.com).

**Festival Folding with PAPER.** Come fold origami with Puget Area Paperfolding Enthusiasts Roundtable (PAPER). Learn new techniques and models, and create a piece to add to the display. 1 to 3 p.m. today and Aug. 2. \$2 plus admission (\$ to \$\$, free ages 5 and younger). Bellevue Arts Museum, Bellevue. [www.bellevuearts.org](http://www.bellevuearts.org).

**Children of Eden.** Village Theatre Issaquah's KIDSTAG Summer Independent play is produced, directed and performed by youth under age 25. Loosely based on the Book of Genesis, this play focuses on the age-old struggle between parents and their kids. 7:30 p.m. today, various dates and times through July 20. \$\$. First Stage Theatre, Issaquah. [www.village theatre.org](http://www.village theatre.org).

**Outdoor Movie Night.** Thor: The Dark World (PG-13) 9:30 p.m. to night, *Despicable Me 2* (PG) 9:15 p.m. July 26, *The LEGO Movie* (PG) 8:45 p.m. Aug. 9, *Enders Game* (PG-13) 8:30 p.m. Aug. 23. Bring a blanket and beanbag or low-back chair.

Movie starts at dusk, seating one hour prior. \$ suggested donation to Hopelink. The Plaza at Carillon Point, Kirkland. <http://carillonpoint.com/about/events>.

#### NORTH SOUND

**Run of the Mill 5K.** Race raises funds for cancer patients and features a festival atmosphere afterward. 7:30 a.m. registration, 9:30 a.m. race. \$\$\$ Mill Creek Town Center, Mill Creek. <http://mcrun/the-mill.com>.

**Skagit Valley Highland Games.** Bagpipe and drum music, fiddling, traditional Scottish athletics and Highland dancing, food, sheepdog trials, children's activities and more. 9 a.m. to 6:30 p.m. today, 9 a.m. to 5 p.m. Sun. \$\$, free ages 4 and younger. Edgewater Park, Mount Vernon. [www.celticarts.org](http://www.celticarts.org).

**Popcorn in the Parks.** Frozen (PG) today, *Despicable Me 2* (PG) July 19, *The Hobbit* (PG-13) July 26, *Man of Steel* (PG-13) Aug. 2, *The Goonies* (PG) Aug. 9, *Enders Game* (PG-13) Aug. 16. Bring lawn chairs, blankets and pic-



nica (popcorn provided). **Dusk, FREE.** Jennings Memorial Park, Marysville. [www.marysvillewa.gov](http://www.marysvillewa.gov).

## SOUTH SOUND

**Color in Motion 5K.** Dress in white and get showered in safe, washable colored powder during your run or walk. 9 a.m. \$\$\$, Pre-register. Cheney Stadium, Tacoma. <http://colorinmotion5K.com>.

**Run to the Top.** Now for all ages, this run features a scenic-yet-hilly 5K course and one-mile Kids Dash. No dogs or strollers. 9:30 a.m. Kids Dash, 10 a.m. 5K. \$ to \$\$\$, McKinley Park, Tacoma. [www.metroparkstacoma.org](http://www.metroparkstacoma.org).

**Lakewood SummerFest.** Live music, marketplace, food, KidZone (\$), car and military vehicle show, free swimming lessons, outdoor movie and more. 11 a.m. to 11 p.m. FREE. Fort Steilacoom Park, Lakewood. [www.lakewoodsummerfest.com](http://www.lakewoodsummerfest.com).

**Music & Movies.** Concert (7 p.m.) and movie (dusk). Cars (G) today, Mary Poppins (G) and Saving Mr. Banks (PG-13) July 19, Elf (PG) July 26, The LEGO Movie (PG) Aug. 2, Despicable Me 1 and 2 (PG) Aug. 9. Bring blankets or chairs. Snacks available for purchase. FREE. Hunter Park, Lacey. [www.ci.lacey.wa.us](http://www.ci.lacey.wa.us).

**Campout in the Parks.** Enjoy the rare chance to camp at popular beaches in Tacoma. Bring your own tent and supplies, and enjoy evening snacks with songs, stories and crafts, and a sunrise breakfast. 7 p.m. to 8:30 a.m. \$\$\$, Pre-register. Owen Beach today and Aug. 30, Browns Point Lighthouse Park Aug. 23. [www.metroparkstacoma.org](http://www.metroparkstacoma.org).

**CinemaGig Outdoor Movies.** Gig Harbor's outdoor summer theater for families. Bring low chairs and a blanket. Cancelled in cases of rain or high wind. The Black Stallion (PG) 9:15 p.m. today, Little Giants (PG) 9 p.m. July 26, Wall-E (G) 8:30 p.m. Aug. 9, The Jungle Book (G) 8:15 p.m. Aug. 23. FREE. Skansie Brothers Park, Gig Harbor. [www.gigharborguide.com](http://www.gigharborguide.com).

## Sunday, July 13

### SEATTLE AREA

**World Cup Final Match Viewing Party.** Come watch the final World Cup game on a 14' x 8' high-definition projection screen, complete with food vendors and face painting. Doors open at noon, match at 1 p.m. \$ suggested donation. Phinney Center, Seattle (Phinney Ridge). [www.phinneycenter.org](http://www.phinneycenter.org).

**ARTventures.** Get a family-friendly guided tour of the galleries, then



Color in Motion 5K

create an art project inspired by what you've seen. 2 to 3:30 p.m. today and Aug. 10. \$5. Space is limited, pre-register. Henry Art Gallery, Seattle (U District). [www.henryart.org](http://www.henryart.org).

### EASTSIDE

**Wacky Wheelays.** Able-bodied and disabled participants alike can participate in fun field-day-style games involving wheels of all kinds: scooters, wheelchairs, bikes, trikes and Segways. Potluck picnic at 12:45 p.m., games 2:15 to 4 p.m. FREE.

Lake Washington High School, Redmond. [www.nsb.org/serve/local/wacky-wheelays](http://www.nsb.org/serve/local/wacky-wheelays).

## Tuesday, July 15

### SOUTH SOUND

**Noon Tunes.** Tweenland today, Reptile Isle July 22, Cowboy Buck & Elizabeth July 29, The Not-Its! Aug. 5, Jim Valley & Rainbow Planet Aug. 12, The Gothard Sisters Aug. 19. Noon to 1 p.m. FREE. Pioneer Park, Puyallup. [www.cityofpuyallup.org](http://www.cityofpuyallup.org).

## CamLann Medieval Faire

~ ARMORED KNIGHTS ~  
~ OLD WORLD CRAFTS ~  
~ MINSTRELS ~

**Saturdays & Sundays**  
**July 19-20 and August 23-24**

4 miles north of Carnation, WA

Call for map & brochure:  
425.788.8624  
[www.camlann.org](http://www.camlann.org)

Sponsored by CamLann Medieval Organization

## LANG'S HORSE & PONY FARM

We make  
horseback  
riding fun!

- Guided Trail Rides by Reservation
- Children's Birthday Parties
- Riding Lessons for all ages
- Spring and Summer Horse Camps
- Girl Scout Horsemanship Badges

**Mount Vernon,  
Washington**  
360-424-7630  
[www.comeride.com](http://www.comeride.com)  
[langshorseandponyfarm@hotmail.com](mailto:langshorseandponyfarm@hotmail.com)



## Wednesday, July 16

### SEATTLE AREA

**White Center Jubilee Days.** Fireworks (9:45 p.m. today, Steve Cox Park), carnival (through Sun.), car show (10 a.m. to 4 p.m. Sat.), parade (2:30 p.m. Sat.), music, food, kids' area and street fair (11 a.m. to 11 p.m. Sat., 11 a.m. to 5 p.m. Sun.). FREE. Various locations, White Center. [www.jubileedays.org](http://www.jubileedays.org).

**Renton Outdoor Movie.** Bring blankets or low-back chairs for a movie at dusk. May be canceled by weather; call ahead. *The LEGO Movie* (PG) today at Gene Coulton Park. *The Avengers* (PG-13) July 25 at Plaza Park. *Back to the Future* (PG) Aug. 8 at Liberty Park. *Frozen* (PG) Aug. 15 at Henry Moses Aquatic Center. FREE. [www.rentonwa.gov](http://www.rentonwa.gov).

### SOUTH SOUND

**Capital Lakefair.** Food and arts and crafts booths, entertainment, carnival (fee), Kids' Day (Sat., Sylvester Park), parade (5 p.m. Sat.), fireworks (10 p.m. Sun.) and more. No pets. Noon to 11 p.m. through Sat., noon to midnight Sun. FREE. Heritage Park, Downtown Olympia. [www.lakefair.org](http://www.lakefair.org).

## Thursday, July 17

### SEATTLE AREA

**JamFest.** Art, food, music and dance performances at various international District venues. One ticket admits to all venues. All ages. 5:30 to 8:30 p.m. today and Aug. 21. *Wing Luke Museum, Seattle* (International District). [www.wingluke.org/jamfest](http://www.wingluke.org/jamfest).

**Slideshow Stories from Wayside School and Stargirl.** Two one-act plays performed back-to-back by students from Seattle Children's Theatre drama school. Shows are one hour each with an intermission between them. Ages 5 and older for *Slideshow Stories*, ages 9 and older for *Stargirl*. 7 p.m. through Sat. \$8. Seattle Children's Theatre, Downtown Seattle. [www.sct.org](http://www.sct.org).

### EASTSIDE

**Moonlight Cinema.** *Despicable Me 2* (PG). Bring a blanket or low-back chairs, food and beer garden available (no outside food or drink). No pets. Gates open 6 p.m., movie at dusk. 5, ages 18 and younger with parent or legal guardian. Redhook Ale Brewery, Woodinville. <http://redhook.com>.

### NORTH SOUND

**Karaoke and Outdoor Movie.** Karaoke at 7 p.m., followed by movie at dusk (approx. 9 p.m.). Bring a blanket for terraced seating. *Rock of Ages* (PG-13) tonight, *Man of Steel* (PG-13) July 24, *The LEGO Movie* (PG) July 31. FREE. Terrace Park, Arlington. [www.arlingtonwa.gov](http://www.arlingtonwa.gov).

### SOUTH SOUND

**King County Fair.** Oldest fair west of the Mississippi features midway and rides, animals, food, and more. Noon to 9 p.m. today and Sun., noon to 10 p.m. Fri., 10 a.m. to 10 p.m. Sat. \$, free ages 4 and younger. Enumclaw Expo Center, Enumclaw. [www.thekingcountyfair.com](http://www.thekingcountyfair.com).

## Friday, July 18

### SEATTLE AREA

**Bite of Seattle.** Features more than 50 restaurants, four entertainment stages, Family Fun Zone, chef demonstrations and more. No pets. 11 a.m. to 9 p.m. today and Sat., 11 a.m. to 6 p.m. Sun. FREE. Seattle Center, Downtown Seattle. [www.biteofseattle.com](http://www.biteofseattle.com).

**Hiawatha Kids' Fun Fest.** Games, entertainment, bouncy houses and food. Noon to 3 p.m. \$5. Hiawatha Community Center, West Seattle. [www.hiawathakids.com](http://www.hiawathakids.com).

**Family Gardening and Concert.** Work in the Children's Garden and do fun garden-themed activities, plus hear music from The Not-Its! and Off the Hook. 6 to 8 p.m. FREE. Magnuson Park Community Garden, Seattle (Sand Point). <http://magnusonnatureprograms.com>.

**Seattle Rock Orchestra Student Concert.** Middle and high school students from Seattle Rock Orchestra's Summer Intensive program will perform songs by a variety of bands in all the ages show. 7 p.m. FREE, donations encouraged. The Moore Theatre, Downtown Seattle. <http://seattlerockorchestra.org>.

### EASTSIDE

**Owl Prowl.** Learn about which owls live in the Pacific Northwest, then take a night hike with a ranger to listen for them and other nocturnal wildlife. Bring a flashlight or headlamp and sturdy shoes. Ages 5 and older. 7:30 to 9 p.m. \$ Pre-register. Lewis Creek Park Visitor Center, Bellevue. [www.bellevuewa.gov](http://www.bellevuewa.gov).

### NORTH SOUND

**Kia Ha Ya Days.** Carnival through Sun., Froggatt's Kids' Fair 3 to 7 p.m. today, 5-mile River Run & Kids' Dash (8 a.m. Sat.), parade (10:15 a.m. Sat.), bed races (Sat.), street fair (Sat.), food, silly contests (Sat.), music, car show (Sun.) and more. Most activities 10 a.m. to 8 p.m. Sat., 10 a.m. to 4 p.m. Sun. FREE. Citywide in Snohomish. [www.klahayadays.com](http://www.klahayadays.com).

**Darrington Bluegrass Festival.** Music, booths and food, plus a kids' workshop for ages 6 to 18 at 9 a.m. on Sat. 6 to 11 p.m. today. 9 a.m. to 11 p.m. Sat., 8 a.m. to 8:30 p.m. Sun. \$35, free ages 12 and younger with adult, camping additional fee. Darrington

## GOING PLACES



## Kid-Friendly Races to Watch the World Cup

BY TARYN ZIER

**T**hirty-two nations are competing in Brazil for the biggest prize in soccer—the FIFA World Cup. There are places around town well-suited for families to cheer on their favorite teams.

Live games will air at the **Phinney Center** on a large HD projection screen, and attendees can nosh on goods from Seattle food trucks including Athena's, MOONIE icy Tunes, Choptix and Skillet. Kids get to enjoy face painting during the championship game on July 13. Visit [www.phinneycenter.org](http://www.phinneycenter.org) to learn more.

Everyone is welcome to rally outdoors at **Nord Alley in Pioneer Square** for the live games. A 100-foot screen and folding benches are set up, but it's BYOS (bring your own snacks). Check out [www.alleynetworkproject.com](http://www.alleynetworkproject.com) for the full viewing schedule.

Local libraries are hosting

all-ages viewing parties as well. Central Library and the High Point branch will air the two semifinals (July 8 and 9) and the championship (July 13). The Northgate branch will also air the final. King County Libraries, including Kenmore, Tukwila and Boulevard Park in South Seattle, will broadcast the games, too. Learn more at [www.spl.org](http://www.spl.org) and [www.kcls.org](http://www.kcls.org).

Note that none of these facilities serve alcohol. Try **Arena Sports** locations in Magnuson, SODO, Redmond or Issaquah if you want to have a pint while watching a match with your kids. Or, let them jump around in the Fun Zone inflatable playground during the game.

All of these viewings are free, so get there early to get a good seat. If we are lucky, the U.S. Men's National Team will still be in the running at the end of the tourney!

### SOUTH SOUND

**Half Day for Half Price.** Enjoy half-price admission during a shorter day at the zoo, which is closing early for their annual gala event. 9:30 a.m. to 2 p.m. \$, Point Defiance Zoo & Aquarium, Tacoma. [www.pdza.org](http://www.pdza.org).

**Des Moines Waterland Festival.** Children's carnival, wooden boat show (Sat. and Sun.), car show (Sun.). Children's Parade Sat. at 5:45 p.m., main parade at 6 p.m. Noon to 9 p.m. today, 10 a.m. to 9 p.m. Sat., 10 a.m. to 6 p.m. Sun. FREE. Downtown Des Moines. <http://desfestinlanddesmoines.org/waterlandfestival>.

**19th Century Family Fun Night.** Join in games, music and dancing of the mid-1800s, including a candy cannon and ice cream and lemonade.

Bluegrass Music Park, Darrington. [www.darringtonbluegrass.com](http://www.darringtonbluegrass.com).

**Footloose.** Village Theatre Everett's KIDSTAGE Summer Independent musical is produced, directed and performed by youth under age 25. 7:30 p.m. Wednesdays through Saturdays, 2 p.m. Sundays through July 27. \$8. Second Stage Theatre, Everett. [www.village theatre.org](http://www.village theatre.org).

**Movies Under the Stars at Swedish/Edmonds.** *Father of the Bride* (PG) 9 p.m. today, *The LEGO Movie* (PG) 8:30 p.m., *Aug. 8, Hook* (PG) 8:15 p.m. Aug. 15. Free popcorn and lemonade. Seating on first for 200 guests, can also bring blankets. FREE. Swedish/Edmonds Hospital, Edmonds. [www.swedish.org](http://www.swedish.org).

onade. Bring a picnic supper. 6 to 9 p.m. Included with admission. \$, free ages 4 & younger. Port Nisqually at Point Defiance Park, Tacoma. [www.fortnisqually.org](http://fortnisqually.org).

**Cinema on the Sound.** Family entertainment (7 p.m.) and movie (dusk). Bring blankets and chairs. Thor 2 (PG-13) today. *The Nut Job* (PG) Aug. 16. FREE. Chambers Creek Regional Park, University Place. [www.c.pierce.wa.us](http://www.c.pierce.wa.us).

**All-Girl Overnight at the Museum.** Girls ages 7 to 12 can enjoy a tea party, games, a tour of the museum's historic fashions and more on this overnight adventure. 7 to 8 p.m. \$\$\$, Pre-register. White River Valley Museum, Auburn. <http://wrvvmuseum.org>.

## Saturday, July 19

### SEATTLE AREA

**West Seattle Grand Parade.** Float-Dodger 5K run (9:45 a.m., \$\$\$), followed by parade with pirates, clowns, marching bands, drill teams, floats and more. Kids' parade 11 a.m., grand parade 11:15 a.m. FREE. California Avenue Southwest from Admiral to Southwest Edmunds Street, West Seattle. <http://thewest-seattleparade.com>.

**Ball of Wax Audio Quarterly "Songs About Animals" Release Party.** New illustrated book and CD features music from kid favorites like Recess Monkey, The Whizpops! and Eli Rosenblatt, plus other musicians playing kids' songs for the first time. Hear live music and take home a copy of the book and CD (one set per family). Noon to 1:30 p.m. \$\$. Free ages 10 and younger. Fremont Abbey, Seattle (Fremont). <http://jul19.bpt.me>.

**Bon Odori Festival.** Traditional Japanese Buddhist festival includes food, traditional dancing, cultural exhibits and demonstrations. 4 to 10 p.m. today, 3 to 9 p.m. Sun. FREE. Seattle Buddhist Church, Seattle (Central District). <http://seattlebetsuin.org>.

**West Seattle Outdoor Movies.** Enjoy pre-show entertainment, concessions and a movie at dusk. Bring blankets and chairs. *Gravity* (PG-13) today, *Spice World* (PG) July 26, *Sleepless in Seattle* (PG) Aug. 2. *The Goonies* (PG) Aug. 16, *Frozen* (PG) Aug. 23. Gates open 6:30 p.m. FREE. 4410 California Ave. S.W., West Seattle. <http://wsmovies.org>.



Wooden Boat Festival

### EASTSIDE

**Mud & Chocolate Bite-Size Run.** Three-mile trail run and half-mile Kids Dash with chocolate treats at the finish line. 8 a.m. check-in, 8:40 a.m. Kids Dash, 9 a.m. three-mile run. \$ to \$\$\$, Pre-register. Robinswood Park, Bellevue. <http://mudandchocolate.com>.

**Camlann St. James Faire.** Scenes from 14th century English village life including minstrels, sword and archery demonstrations, crafts and more. Noon to 5 p.m. through Sun. \$ to \$\$, free ages 5 and younger (adults must supervise ages 12 and younger). Optional banquet at 5 p.m. (\$\$\$), reservations required. Camlann Medieval

Association, Carnation. [www.camlann.org](http://www.camlann.org).

**Fiddler on the Roof.** See the timeless musical about family, tradition and changing times in an outdoor amphitheater overlooking the falls. Dress for the weather and bring mosquito repellent and seat cushions. 2 and 7 p.m. Saturdays, 2 p.m. Sundays through Aug. 24. \$\$, free ages 4 and

**Celebrate! Lynnwood Music and Dance Festival.** First annual event features family-friendly interactive music, dance and art activities, plus food trucks and a beer and wine garden. 10 a.m. to 10:30 p.m. FREE. Lynnwood Convention Center, Lynnwood. [www.cllynwood.wa.us](http://www.cllynwood.wa.us).

### SOUTH SOUND

**Chalk the Harbor.** Decorate the sidewalks of Gig Harbor's historic waterfront with chalk. Maritime theme encouraged. Ride the "Around the Sound" transit between participating sidewalk districts. Prizes in six different categories. Register starting at 10 a.m. at downtown Judson or Firholm locations. 10 a.m. to 3 p.m. FREE. <http://gigharborwaterfront.org>.

**Covington Days Festival.** Music, parade (10 a.m.), arts and crafts vendors, food, kids' zone, watermelon-eating contest (3 p.m. today) and more. 10 a.m. to 7 p.m. today, 10 a.m. to 4 p.m. Sun. FREE. Valley Medical Center South, Covington. [www.covingtonwa.gov/covingtondays](http://www.covingtonwa.gov/covingtondays).

## Sunday, July 20

### SEATTLE AREA

**Seafair Kids Triathlon.** Triathlon for ages 6 and older includes choice between two categories of difficulty. 10:30 a.m. \$\$\$, Pre-register. Seaward Park, Seattle (Seaward Park). [www.seafair.com](http://www.seafair.com).

**LEGO Robot Show and Book Signing.** LEGO designer and member of the elite LEGO MINDSTORMS Expert Panel Daniele Benedettelli will talk about and demonstrate three of his LEGO robot creations, followed by a book signing. 2 to 3 p.m. \$ to \$\$. EMP Museum, Downtown Seattle. [www.empmuseum.org](http://www.empmuseum.org).

**Chinatown Seafair Parade.** Features lion and dragon dances, marching bands, clowns, floats and more. 7 to 9 p.m. FREE. South King Street and Fifth Avenue South, Seattle (Chinatown/Inter-

younger. Dinner available. Snoqualmie Falls Forest Theater, Fall City. [www.foresttheater.org](http://www.foresttheater.org).

### NORTH SOUND

**Raspberry Fest.** Animals, rides, games and other kids' activities, plus food and a hoedown. 9 a.m. to 6 p.m. through Sun. FREE, fee for some activities. Biringfer Farm, Arlington. <http://biringferfarm.com>.

**Mill Creek Festival.** Entertainment, vendors, arts and crafts fair, food, car show, kid's activities, pet plaza (bring your leashed dog) and more. 11 a.m. to 6 p.m. through Sun. FREE. Mill Creek Boulevard. Free shuttles from Jackson High School at 1506 136th St. S.E. Mill Creek. [www.mill-creekfestival.com](http://www.mill-creekfestival.com).



2014 camps are at: Bothell, Redmond, Kirkland, Kenmore, and Seattle in the University District.

**40% off**  
Your camp fee with this ad

[www.challenge-island.com/seattle-bothell-kirkland](http://www.challenge-island.com/seattle-bothell-kirkland)

Challenge Island is a fun K-6 enrichment program using island themes where "tribes" of children tackle science, technology, engineering, and math-focused challenges that enhance their critical thinking skills!

For more information, contact:  
Tamara Gonzalez at  
TGonzalez@challenge-island.com  
or call 206-445-8513

**HURRY! Register Now!**

**SEATTLE GIRLS' CHOIR**

**SERIOUS SINGING SERIOUS FUN**

**Fall Placement Auditions**  
Girls Grades 1-12

- Singing & Music Education -
- Performance Opportunities -
- Lifelong Friendships -

[www.seattlegirlschoir.org](http://www.seattlegirlschoir.org)  
206-526-1900



## We Heart Summer Outdoor Movies and Concerts

BY TARYN ZIER

It's time to snuggle up with your kids for a movie under the stars, or soak up the sunshine at a concert on a carefree afternoon. Family-friendly outdoor movies and music are summer traditions to love.

Kids will enjoy getting a chance to stay up late for a film, especially if you pop some popcorn and bring some candy, indoor theater-style. Several local spots offer pre-movie activities and entertainment, making the experience all the sweeter.

Marymoor and Magnuson Parks have cirque performers and food trucks, for example. Cinema under the Stars in Everett features pre-movie magic tricks and arts and crafts from Imagine Children's Museum. Highlights of Auburn's Summer Sounds & Cinema include inflatable fun and pre-show concerts.

Speaking of concerts, music and summer seem to go hand in hand. From Hawaiian to reggae to steel drums to country, kids can listen—and get down and boogie—to music at more than 100 outdoor concerts around

town this summer.

If you have little ones, look no further than the children's concert series at Magnuson Park, Juanita Beach Park in Kirkland, Sammamish parks, Les Gove Park in Auburn, Kelsey Creek Farm in Bellevue, Thornton A. Sullivan Park in Everett, Hazel Miller Plaza in Edmonds, Library Park in Mill Creek and Tukwila Community Center.

The Timber! Outdoor Music Festival, another option, caters to the indie crowd with kids. There's a Saturday stage just for families, tucked away in the quiet camping area, as well as a root beer garden. The full experience includes camping, biking, swimming or kayaking. The festival takes place July 24 through 26 at Tolt MacDonald Park in Carnation. Kids 12 and younger get in free.

Visit our website at [www.seattlechild.com](http://www.seattlechild.com) for a full list of outdoor movies and concerts. Don't waste a minute of this precious summer weather—grab a blanket, lawn chairs, your family and friends and head outdoors!

## Wednesday, July 23

### SEATTLE AREA

**Swingin' Summer Eve.** Community festival with live music, food vendors, games, a used book sale and more. 5:30 to 8:30 p.m. FREE. [some activities require a small fee. Cromwell Park, Shoreline. http://shorelineewa.gov](http://shorelineewa.gov)

**Greenwood Senfair Parade.** Bands, drill teams, floats, pirates and more. 6 to 8:30 p.m. FREE. Greenwood Avenue from North 95th Street to North

85th Street, west to Sixth Avenue Northwest, Seattle. [www.phinney-center.org/parade](http://www.phinney-center.org/parade)

### NORTH SOUND

**Children's Concert Series.** Eric Herman and Puppy Dog Dave today, Nancy Stewart July 30, Cowboy Buck & Elizabeth Aug. 6, Jim Valley Aug. 13. Noon to 1 p.m. FREE, bring a non-perishable food bank donation. Library Park, Mill Creek. [www.city-of-millcreek.com](http://www.city-of-millcreek.com)

### SOUTH SOUND

**Mid-Summer Carnival.** Games, prizes, face painting, treats, crafts and more. 2 to 5 p.m. \$ Pioneer Park, Puyallup. [www.puyalluppark-sandrec.com](http://www.puyalluppark-sandrec.com)

## Thursday, July 24

### EASTSIDE

**Timber! Outdoor Music Festival.** Live music from more than 20 performers, camping, mountain biking, hiking, kayaking, root beer garden and more. No dogs. 5 to 10 p.m. today, 11:30 a.m. to 9:30 p.m. Fri, 10:30 a.m. to 9:30 p.m. Sat. \$\$. Free ages 11 and younger. Camping available for an additional fee (pre-register). Tolt-MacDonald Park, Carnation. [www.timbermusicfest.com](http://www.timbermusicfest.com)

### SOUTH SOUND

**Gross-Out Olympics.** Kids ages 3 and older are invited to compete in water competitions like the bologna toss, human cheese puff, lemon slurrp and more. Dress in a swimsuit or clothes that can get dirty; a sprinker will be provided for clean-up afterward. 5:30 to 7:30 p.m. today at Frontier Park, Graham; 2 to 4 p.m. Aug. 21 at Sprinker Recreation Center, Tacoma. \$\$ Pre-register. [www.piercecountywa.org/parks](http://www.piercecountywa.org/parks)

## Friday, July 25

### SEATTLE AREA

**Renton River Days.** Includes kids' area, entertainment, arts and crafts booths, sports, parade (10 a.m. Sat.), rubber duck derby (4:30 p.m. Sun.), Wenatchee Youth Circus (1:30 and 6 p.m. today, 1:30 p.m. Sat., \$) and more. 11 a.m. to 8 p.m. today, 10 a.m. to 8 p.m. Sat., 10 a.m. to 6 p.m. Sun. FREE. Liberty Park, and other Renton locations. [www.rentonriverdays.org](http://www.rentonriverdays.org)

### EASTSIDE

**Bellevue Art Festivals.** Downtown Bellevue celebrates the arts as three festivals converge. Shuttles available from South Kirkland, Eastgate, Kingsgate and South Bellevue Park and Ride lots (fee). **Bellevue Arts Museum ARTSfair.** Features arts and crafts, KIDSAir (hands-on craft activities), Chalk It Up (chalk Northwest Sixth Street), demonstrations, entertainment, food and free admis-

sion to Bellevue Arts Museum. 9:30 a.m. to 9:30 p.m. today and Sat., 9:30 a.m. to 6 p.m. Sun. FREE. Bellevue Square and Bellevue Arts Museum, Bellevue. [www.bellevuearts.org/fair](http://www.bellevuearts.org/fair) **Bellevue Festival of the Arts.** Juried arts and crafts, music, food and more. 10 a.m. to 8 p.m. today and Sat., 10 a.m. to 6 p.m. Sun. FREE. Coast Plus World Market parking lot, Bellevue. [www.bellevuefest.org](http://www.bellevuefest.org) **6th Street Fair.** Arts and crafts, food, music, and kids' hands-on activities. 10 a.m. to 8 p.m. today and Sat., 10 a.m. to 6 p.m. Sun. Northeast Sixth Street and 106th Avenue Northeast, Bellevue. FREE. [www.bellevuedowntown.org/events/sixth\\_street](http://www.bellevuedowntown.org/events/sixth_street)

**Shrek: The Musical.** Studio East's annual Summer Teen Musical brings the popular DreamWorks film to the stage. Recommended for ages 6 and older. 7:30 p.m. today, various dates and times through Aug. 3. \$\$. Kirkland Performance Center, Kirkland. [www.kpccenter.org](http://www.kpccenter.org)

### NORTH SOUND

**AquaFest.** Land and water sports, children's parade (6 p.m. today), grand parade (1 p.m. Sat.), arts and crafts, Bite of Lake Stevens, carnival, boat parade (7 p.m. Sat.), entertainment, fireworks (10 p.m. Sat.), Family Fun Fest (1 to 5 p.m. Sun.) and more. Noon to 5 p.m. today, 10 a.m. to 9 p.m. Sat., 10 a.m. to 5 p.m. Sun. FREE. Downtown Lake Stevens Shuttle from Lake Stevens High School. [www.aquafest.org](http://www.aquafest.org)

**Tour de Terrace.** Carnival, street fair, food, entertainment, parade (7 p.m. today), 5K run/walk (8:30 a.m. Sat.), car show (9 a.m. to 3 p.m. Sat.), fireworks (10 p.m. Sat.) and more. Noon to 11 p.m. today, 9 a.m. to 11 p.m. Sat., 9 a.m. to 6 p.m. Sun. FREE. Evergreen Playfield, Mountlake Terrace. [www.tourdeterrace.org](http://www.tourdeterrace.org)

**Edmonds Outdoor Movie.** Bring your blanket or lawn chair. Refreshments will be available for purchase. *The Croods* (PG) tonight, *Field of Dreams* (PG) Aug. 2. The movie begins at dusk (around 9 p.m.). FREE. Frances Anderson Center Playfield, Edmonds. [www.edmondswa.gov](http://www.edmondswa.gov)

### SOUTH SOUND

**Enumclaw Street Fair.** Kids Zone, entertainment, food, vendors and more. 5K run/walk and kids' dash (8:45 a.m. Sat.), 10 a.m. to 7 p.m. today, 10 a.m. to 4 p.m. Sun. FREE. Downtown Enumclaw. [www.enumclawstreetfair.com](http://www.enumclawstreetfair.com)

## Saturday, July 26

### SEATTLE AREA

**Touch-A-Truck.** Kids can explore trucks of all types with help from the professionals who use them. Vehicles on display may include construction trucks, utility vehicles,

nation District). [www.seattlechinesechamber.org](http://www.seattlechinesechamber.org)

## Tuesday, July 22

### NORTH SOUND

**Hazel Miller Plaza Concerts.** Ian Dobson's Steel Drum Party today, The Harmonica Pocket July 29, Linda Severt's Jugglettes Aug. 5, Louie Foxo Aug. 12, Watch the Sky! Aug. 19, Rocklyn Road Aug. 26. Noon to 1 p.m. FREE. Fifth Avenue South and Maple Street, Edmonds. [www.edmondswa.gov](http://www.edmondswa.gov)



emergency responders, buses and semi trucks. The event also includes a safety and emergency preparedness fair. 10 a.m. to 2 p.m. **FREE**. Foster High School, Tukwila. [www.ci.tukwila.wa.us](http://www.ci.tukwila.wa.us).

**Northwest SolarFest.** Renewable energy and sustainable living fair with vendors and exhibits, interactive presentations, kids' activities, food, music and more. 10 a.m. to 5 p.m. **FREE**. Shoreline Community College, Shoreline. <http://shoreline-solar.org>.

**Seafair Torchlight FanFest.** Preview many of the parade's floats and talk with some of the participants. Noon to 6 p.m. **FREE**. Seafair Center, Downtown Seattle. [www.seafair.com](http://www.seafair.com).

**Seafair Torchlight Parade.** Seattle's largest nighttime parade follows the 6:30 p.m. Seafair Torchlight Run. 7:30 p.m. to midnight. **FREE**. Parade begins at Seattle Center and moves south on Fourth Avenue to Second Avenue and King Street, Downtown Seattle. [www.seafair.com](http://www.seafair.com).

**Movies at the Mural.** The Princess Bride (PG) today, Gravity (PG-13) Aug. 2, Ferris Bueller's Day Off (PG-

13) Aug. 9, The Great Gatsby (PG-13) Aug. 16, Star Trek into Darkness (PG-13) Aug. 23. Bring low-back chairs or blankets. No pets. Movie begins at dusk. **FREE**. Seattle Center Mural Amphitheater, Downtown Seattle. [www.seattlecenter.com/moviesatthemural](http://www.seattlecenter.com/moviesatthemural).

## EASTSIDE

**Ananda Mela Festival.** Festival celebrates India with Indian music and dance, magicians, cooking demonstrations, inflatables, pony rides and more. Noon to 9 p.m. through Sun. **FREE**. Redmond City Hall Campus, Redmond. [www.anandamela.org](http://www.anandamela.org).

## NORTH SOUND

**Skyfair.** First annual air- and ground show features static and flying aircraft, military displays, music, Kids Zone, education and more. 10 a.m. to 5 p.m. \$5, free ages 5 and younger. Flying Heritage Collection at Paine Field, Everett. [www.flyingheritage.com](http://www.flyingheritage.com).

**Nubian Jam.** Celebrate African-American culture with music, dance, food, speakers, vendors, and a health and information fair. 10 a.m. to 8 p.m. **FREE**. Forest Park, Everett. [www.everettwa.org](http://www.everettwa.org).

**Blueberry Festival.** Berry picking 8 a.m. to 4 p.m., plus kids' activities like pony rides and face painting 11 a.m. to 3 p.m. **FREE**, fee for some activities. Bryant Blueberry Farm, Arlington. [www.redroosteroute.com](http://www.redroosteroute.com).

## SOUTH SOUND

**Pacific Northwest Scottish Highland Games.** Competitive dancing, piping and drumming, arts and crafts, traditional food and more. No pets. 8 a.m. to 11 p.m. today, 8 a.m. to 5:30 p.m. Sun. \$5, free ages 4 and younger, half-price after 4 p.m. Enumclaw Expo Center, Enumclaw. [www.sshga.org](http://www.sshga.org).

**Ethnic Fest.** Music and dance on two stages, ethnic food, arts and crafts, family activities and more. Noon to 7 p.m. through Sun. **FREE**. Wright Park, Tacoma. [www.metropolitanstacoma.org/ethnicfest](http://www.metropolitanstacoma.org/ethnicfest).

**Mad Hatter's Sweet Tea.** Enjoy crafts, croquet, iced tea, lemonade, and sweet and savory treats with the Mad Hatter and his friends. Rain or shine. 1 to 3 p.m. \$ to \$5. Pre-reg-ister. Mary Olson Farm, Auburn. <http://www.wvmuseum.org>.

## FARTHER AFIELD

**Bainbridge Bluegrass Festival.** Live bluegrass music, food, vendor booths, kids' activities and more. Free shuttle from the ferry. Leashed, well-behaved dogs welcome. Bring blankets or chairs. 10 a.m. to 8 p.m. \$ to \$5. Bartle Point Park, Bainbridge Island. [www.bainbridgebluegrass.org](http://www.bainbridgebluegrass.org).

**Annie.** Outdoor performance of the beloved musical about a plucky orphan girl in the 1930s. 2 p.m. Saturdays and Sundays through Aug. 17. \$5, free ages 5 and younger. Kitsap Forest Theater, Bremerton. [www.foresttheater.com](http://www.foresttheater.com).

## Sunday, July 27

### SEATTLE AREA

**Pista Sa Nasyon.** The largest Filipino-American outdoor event in the country features food, arts and crafts, entertainment, children's games and more. 9 a.m. to 8 p.m. **FREE**. Seward Park Amphitheater, Seattle (Seward Park). [www.pista.org](http://www.pista.org).

**Hispanic Seafair Festival.** Latin music, arts and crafts, dance, and food. 11 a.m. to 7 p.m. **FREE**. Seattle Center Mural Amphitheater, Downtown Seattle. [www.hispanicseafair.org](http://www.hispanicseafair.org).

## BIRTHDAYS!

BOWLING  
BILLIARDS  
EVENTS

# ACME



**Kids Birthday Parties**

**Family Fun**

**Kids Club for Discounts**

206.340.0202 [acmebowl.com](http://acmebowl.com)

## Evergreen City Ballet

Karen Kmetz, Artistic/Ticketing Director

Imagine the look on your little girl's face when she sees a real ballerina in costume greeting her for her birthday!

Our ballerinas are supplied with arts & crafts, tutus and more for your child's special day.

Starting in September

425.228.6800

[evergreencityballet.org](http://evergreencityballet.org)



## Interactive Birthday Shows



**BOOK NOW!**

(206)524-3388

[www.thistletheatre.org](http://www.thistletheatre.org)

Your Party Central  
for the Eastside

# skyMania!

TRAMPOLINES!

Open Jump • Day Camps  
Friday & Saturday Night Specials

**Plus More!**

[skymaniatrampolines.com](http://skymaniatrampolines.com)



**Unique Party Fun  
For Ages 3 and Up!**

4329 Chennault Beach Rd. Mukilteo (425) 493-8729

[traxxracing.com](http://traxxracing.com)





## Pond Boat Sailing at Lake Union Park

BY LYNN SCHNAIBERG

**L**et your kids captain their own pint-sized rigs—39-inch pond sailboats to be exact. The Center for Wooden Boats at Lake Union Park rents the model R-class *Pirate* boats to set sail on a 100-foot diameter pond designed specifically for sailing model boats.

Center volunteers give a brief tutorial on how to sail the wooden craft, with its adjustable sails; these are "free sailing" boats with no motors involved. They talked to my kids about judging wind direction (flags around the pond help out) and how to bail out the miniature wooden craft when it takes on water.

Thus armed, the kids set off with boats in arms (little ones will probably need some hauling help). The wide flat rim around the pond makes it easy for kids, big and small, to scramble on top and to get the most leverage for smooth sailing. Even in light winds, the boats don't seem to have a problem making it across

the pond. Floats around the pond perimeter help cushion the craft from fatal crashes.

My son spent most of the afternoon zooming from one side of the pond to another in hot pursuit of his boat and challenging other kids to a boat race.

The center has about a dozen model boats that they rent for a suggested donation of \$5 an hour; when we went, there were plenty to go around. But they have been known to run out, so be prepared to wait a bit (the good news, if you're waiting: There's plenty to distract here, including seaplane landings and take-offs happening right next door).

Pond boat sailing takes place on Saturdays and Sundays from 11 a.m. to 2 p.m. To learn more, call 206-382-2628 or visit [www.cwb.org/rent](http://www.cwb.org/rent).

*Lynn Schnaiberg is author of Outside magazine's Urban Adventure Guide Chicago and an award-winning journalist.*

## Wednesday, July 30

### SEATTLE AREA

**Marine Week Seattle.** Celebrate the Marines as you climb aboard aircraft and ground equipment, check out the latest military technology, and see martial arts demonstrations, the Silent Drill Platoon and the Marine Corps Band. 10 a.m. to 5 p.m. through Sun. Included with admission. \$5. Free for military with ID and ages 4 and younger. Museum of Flight, Seattle (Boeing Field). [www.museumofflight.org](http://www.museumofflight.org).

## Thursday, July 31

### SEATTLE AREA

**Caspar Babypants Concert.** Bring

a blanket or chairs and a picnic, and enjoy a full 90-minute set from this beloved indie rocker. 6:30 p.m. FREE. Hiawatha Community Center lawn, West Seattle. <http://westseattleblog.com>.

## Friday, August 1

### SEATTLE AREA

**Seafair Weekend.** Hydroplane races on Lake Washington, south of the I-90 Bridge. Air show features and the U.S. Navy Blue Angels and other aircraft. The south beach area will host a wakeboarding demonstration. Shore activities at Genesee Park (3800 Lake Washington Blvd., S., Seattle) and along Lake Washington Boulevard include entertain-

ment, Kids Zone (\$5), food and more. Tickets for special seating available online. 8:30 a.m. to 6 p.m. today, 8:30 a.m. to 11 p.m. Sat., 7:30 a.m. to 6 p.m. Sun. FREE. Parking very limited. [www.seafair.com/seafairweekend](http://www.seafair.com/seafairweekend).

**Need for Speed Festival.** Watch the Blue Angels take off for practice and air shows, plus enjoy kids' activities. 10 a.m. to 5 p.m. through Sun. Included with admission. \$5, free ages 4 and younger. Museum of Flight, Seattle (Boeing Field). [www.museumofflight.org](http://www.museumofflight.org).

**UmojaFest African American Heritage Festival.** Kids' activities, parade (1 p.m. Sat.), entertainment, music, basketball tournament (Sat.), vendors and more. 11 a.m. to 8 p.m. through Sat., 11 a.m. to 7:30 p.m. Sun. FREE. Judkins Park, Seattle (Rainier Valley). <http://umojafestival.com>.

**Magnolia Summerfest.** Entertainment, youth talent show (7 p.m. today), craft and food booths, and kids' parade (10:30 a.m. Sat.) followed by the main parade. 11 a.m. to 9 p.m. today, 10 a.m. to 10 p.m. Sat. FREE. Magnolia Playfield, Seattle (Magnolia). [www.magnoliassummerfest.org](http://www.magnoliassummerfest.org).

### EASTSIDE

**Kelsey Creek Kids' Shows.** Nancy Stewart today. The Brian Waite Band Aug. 22. 11 a.m. to noon. FREE. Kelsey Creek Farm Park, Bellevue. [www.bellevuewa.gov](http://www.bellevuewa.gov).

### SOUTH SOUND

**Movies in the Park.** The LEGO Movie (PG). Bring blankets or chairs. Concessions available. Pre-show activities start at 7 p.m., movie starts at dusk. FREE. Heritage Recreation Center, Puyallup. [www.piercecountywa.org](http://www.piercecountywa.org).

**Summer Sounds & Cinema.** Live music at 7 p.m., followed by an outdoor movie. Despicable Me 2 (PG) today at Sunset Park, Auburn; Turbo (PG) Aug. 15 at Les Gove Park, Auburn. FREE. [www.auburnwa.gov](http://www.auburnwa.gov).

## Saturday, August 2

### SEATTLE AREA

**Kids' Day at Olympic Sculpture Park.** All-ages outdoor yoga (10:30 a.m.), hands-on art, tours and more. 10:30 a.m. to 3 p.m. FREE. Olympic Sculpture Park, Downtown Seattle. [www.seattleartmuseum.org/summer](http://www.seattleartmuseum.org/summer).

**SalmonFest Seattle.** Formerly known as Lake City Pioneer Days. Salmon bake, live music, street fair, kids' activities, vintage car show, kids' parade (6 p.m.) and grand parade (7 p.m.), pet costume contest (Sun.) and more. 10 a.m. to 6 p.m. today, 10 a.m. to 5 p.m. Sun. FREE. Northeast 125th Street and Lake City Way, Seattle. [www.northseattlechamber.com](http://www.northseattlechamber.com).

### SOUTH SOUND

**Proctor Arts Fest.** Arts and crafts vendors, Bite of Proctor, kids' area, dog show and parade, entertainment and more. 10 a.m. to 5:30 p.m. FREE. Proctor and North 26th Street, Tacoma. [www.proctorartsfest.com](http://www.proctorartsfest.com).

### Washington Midsummer

**Renaissance Faire.** Food, crafts, demonstrations, music, dancers, magicians, jousting and other medieval-themed entertainment. Costumes encouraged. Camping available for an additional fee, reservations required. 10 a.m. to 7 p.m. weekends through Aug. 17. \$5. The Kelley Farm, Bonney Lake. [www.washingtonfaire.com](http://www.washingtonfaire.com).

**Community • Family Day.** Explore the work of artists inspired by themes of community activism, social justice and play, plus build a giant fort, plant a garden, listen to live music and more. Educators can take home lesson plans. 11 a.m. to 4 p.m. FREE. Frye Art Museum, Seattle (First Hill). <http://fryemuseum.org>.

### EASTSIDE

**Foster Kids SK.** Run/walk fundraiser to help King County foster kids attend summer camp. 9 a.m. \$55, free ages 12 and younger but must still register. Marymoor Park, Redmond. [www.fosterkidsk.org](http://www.fosterkidsk.org).

### SOUTH SOUND

**Family Fun Fest.** Games, entertainment, water balloon launcher, Kidz Zone (\$5), food and more. 10 a.m. to 4 p.m. FREE. Sehmel Homestead Park, Gig Harbor. [www.penmetparks.org](http://www.penmetparks.org).

## Tuesday, August 5

### EASTSIDE

**Safe and Sound Sammamish.** Music from Reccess Monkey and Radio Disney, plus safety and community resources as part of National Night Out. 2 to 5 p.m. FREE. Sammamish Commons Plaza, Sammamish. [www.sammamish.us](http://www.sammamish.us).

## Wednesday, August 6

### SEATTLE AREA

**Peanut Butter and Jam Concerts.** Reccess Monkey today, Johnny Berc. Aug. 13. The Not-I's! Aug. 20. Eric Ode Aug. 27. Bring a picnic and blankets. Noon to 1 p.m. FREE. Tukwila Community Center, Tukwila. [www.tukwila.gov](http://www.tukwila.gov).

## Thursday, August 7

### SEATTLE AREA

**Moomin Mania!** Celebrate The Moomins, characters created by Finnish author Tove Jansson, with crafts, cartoons and music. 11 a.m. to 12:30 p.m. \$5. Nordic Heritage Museum, Seattle (Ballard). [www.nordicmuseum.org](http://www.nordicmuseum.org).



## Cougar Mountain Zoo

**An Unforgettable Experience in nearby Issaquah!**

*Exciting and Memorable Birthday Parties!*



Visit us for a very personal and up close look into the mysteries and beauty of the natural world. Cougar Mountain Zoo is home to an exciting collection of bird and mammal species including cougars, tigers, reindeer, lemurs and more!

*Special Close Encounter Opportunities Available*

Visit us at  
**[cougarmountainzoo.org](http://cougarmountainzoo.org)**

Like us at  
**[facebook.com/cougarmountainzoo](https://www.facebook.com/cougarmountainzoo)**  
**425-392-6278**



### NORTH SOUND

**Summer Meltdown Festival.** Music from dozens of bands on four stages, kids' area, food and craft vendors, camping, and more. No pets. 3 to 10 p.m. today, 10 a.m. to 10 p.m. Fri. and Sat., 10 a.m. to 6 p.m. Sun. \$\$\$, free ages 8 and younger, weekend and vehicle camping passes available. Whitehorse Mountain Amphitheater, Darrington. [www.summermeltdown.com](http://www.summermeltdown.com).

### SOUTH SOUND

**Pierce County Fair.** Entertainment, food, displays, animals, carnival rides and games, competitions, and more. 10 a.m. to 10 p.m. through Sat., 10 a.m. to 6 p.m. Sun. \$, free ages 5 and younger. Frontier Park, Graham. [www.piercecountyfair.com](http://www.piercecountyfair.com).

## Friday, August 5

### SEATTLE AREA

**Family Summer Outdoor Cinema Series.** *Despicable Me 2* (PG) today, *The Nut Job* (PG) Aug. 15, *Frozen* (PG) Aug. 22. Bring a blanket or chairs. Concessions available. 8 p.m. movie at dusk. FREE, suggested donation of two non-perishable food items per person. Tukwila Community Center, Tukwila. [www.tukwilawa.gov](http://www.tukwilawa.gov).

### EASTSIDE

**The Festival at Mt. Si.** Live entertainment, arts and crafts, food, kids' area, parade (10:15 a.m. Sat.), youth and adult competitions, pet contests (4 to 5:30 p.m. Sat.), fireworks (9:45 p.m. Sat.) and more. 5 to 9 p.m. today, 10 a.m. to 9:30 p.m. Sat., 10 a.m. to 4 p.m. Sun. FREE, fee for some activities. Si View Park, North Bend. [www.festivalatmtsi.org](http://www.festivalatmtsi.org).

### NORTH SOUND

**A Taste of Edmonds.** Food, arts and crafts, rides, music, entertainment and kids' activities. No pets. 11 a.m. to 10 p.m. through Sat., 11 a.m. to 7 p.m. Sun. \$, free ages 12 and younger. Edmonds Civic Playfield, Edmonds. Free shuttle from Edmonds-Woodway High School. [www.atasteofedmonds.com](http://www.atasteofedmonds.com).

### SOUTH SOUND

**Auburn Days.** Fun run/walk and community barbecue (today), entertainment, children's area, food, model boats, parade (noon Sat.), street dance (6:30 p.m. Sat.), car show (Sun.) and more. 6 to 9 p.m. today, 10 a.m. to 10 p.m. Sat., 10 a.m. to 6 p.m. Sun. FREE. Main Street, Auburn. [www.auburndays.com](http://www.auburndays.com).

## Saturday, August 6

### SEATTLE AREA

**Vintage Computer Faire.** Family-friendly, hands-on event features workshops, information booths, retro gaming, food vendors and more. 10 a.m. to 5 p.m. FREE. Living Computer Museum, Seattle (SoDo). [www.livingcomputermuseum.org](http://www.livingcomputermuseum.org).

**PhinneyWood Summer Streets.** The street is closed to traffic, turning the area into a big neighborhood fair. 11 a.m. to 5 p.m. FREE. Phinney Avenue North/Greenwood Avenue North between North 67th Street and North 87th Street, Seattle (Greenwood). [www.seattle.gov/transportation/summer\\_green.htm](http://www.seattle.gov/transportation/summer_green.htm).

**Seattle Asian American Film Festival Summer Series.** *Linsanity* (PG) today, *The Hurricane* (NR) Aug. 16, *Dragon: The Bruce Lee Story* (PG-13) Aug. 23. Bring blankets or low-back chairs. Movie plays at dusk. FREE. Hing Hay Park, Seattle (Chinatown-International District). [www.seattle.gov](http://www.seattle.gov).

### EASTSIDE

**Sammamish Days.** Music from The Not-Its!, performances by School of Acrobatics and Circus Arts, food and more. 10 a.m. to 2 p.m. FREE. Sammamish Commons Plaza, Sammamish. [www.ci.sammamish.wa.us](http://www.ci.sammamish.wa.us).

**Subaru Kids Obstacle Challenge.** Kids ages 5 to 16 can run a military-style mud challenge course that's just for them. Check-in at 9 a.m., first wave at 10 a.m. and then every half hour through 2 p.m. \$\$\$, one free parent entry for each paid child. Marymoor Park, Redmond. [www.kidsobstaclechallenge.com](http://www.kidsobstaclechallenge.com).

**Kirkland Summerfest.** Kirkland's largest festival of art, music and more including food trucks, cardboard boat regatta, arts and crafts, kids' rides, robotics, and more throughout downtown Kirkland. 11 a.m. to 11 p.m. today, 11 a.m. to 6 p.m. Sun. FREE. Marina Park and Main Street, Kirkland. [www.kirklandsummerfest.com](http://www.kirklandsummerfest.com).



**Camp Burbank Community Campout.** Bring your tent, personal items and sleeping bags. Activities will include fishing, beach play, swimming, volleyball and more. Campsite, Saturday night dinner, s'mores, snacks, drinks and Sunday morning breakfast provided. Noon today to noon tomorrow. Pre-register. \$ to \$\$\$, free younger than age 1. Luther Burbank Park, Mercer Island. [www.myparksandrecreation.com](http://www.myparksandrecreation.com).

### NORTH SOUND

**Lake Tye Triathlon.** USAT-sanctioned triathlon; kids ages 6 to 15 can compete in the Youth category. Course length varies by age. Flotation devices are allowed. Parents are encouraged to participate with their youth to cheer them on along the way. 8 a.m. adult, 11 a.m. youth. \$\$\$ Lake Tye Park, Monroe. <http://laketyetriathlon.com>.

## GOING PLACES

### Drop-In Summer Arts and Crafts

BY TARYN ZIER

**D**rop-in summer arts and crafts classes are a great way for children to explore their creativity and dabble in different artistic mediums – sometimes with a masterful artist – all without having to make a big summer camp commitment. And, someone else invents the projects and takes on the mess (high five, parents!).

There is an eclectic mix of drop-in opportunities for families to enjoy this summer. Unless otherwise noted, these are free events for kids of all ages (in the case of the museums, however, you must pay for museum admission first).

#### THE MUSEUMS

**Bellevue Arts Museum:** On "Get Crafty Saturdays" families work together on projects inspired by current exhibits. In July, get inspiration from Sol LeWitt's work, "Color Bands," then paint with brilliant colors, geometric shapes and bold lines. In August, check out delicate wooden bird pins made by Japanese Americans incarcerated in World War II camps, then decorate your own. Kids ages 4 to 12; \$2 materials fee. [www.bellevuearts.org](http://www.bellevuearts.org).

**Hands On Children's Museum:** The new "MakeSpace" program, led by a museum artist-in-residence, takes place on Friday, Saturday and Sunday afternoons in the Arts & Crafts Studio. Families can design, tinker, experiment and create using all sorts of tools, from electric scissors to screen presses to sewing machines. [www.hocm.org](http://www.hocm.org).

**Henry Art Gallery:** At "ARTVENTURES" every second Sunday of the month, adults and children explore current exhibits, then create a project together. On July 13, think of words that evoke a familiar scene and use them as a springboard for artwork. On Aug. 10, electro-dynamic drawings are the inspiration for discovering the shapes, colors and textures of sound. Best suited for elementary-aged children, but older or younger kids can join. [www.henryart.org](http://www.henryart.org).

**Imagine Children's Museum:** Families can get creative in the Art Studio, open during most museum hours. On some days (check online), take part in "Art Rocks!" crafts, such as stars and stripes wind chimes, clothespin airplanes and clay creations. As well, on the second Thursday of each month, a local cartoonist leads sketching sessions. [www.imaginecm.org](http://www.imaginecm.org).

#### Kids Discovery Museum:

Each week in the Art Studio, explore a new medium or try your hand at a themed activity or new project. Activities are prepared by KIDIMU teachers and are self-guided; materials provided. Kids 18 months and older with a parent. [www.kidimu.org](http://www.kidimu.org).

#### KidsQuest Children's Museum:

"Play & Paint" drop-in sessions take place the first and third Wednesdays of the month, where budding Picasos can splatter, roll and stamp together in open-ended paint exploration. [www.kidsquestmuseum.org](http://www.kidsquestmuseum.org).

#### Museum of Glass:

The second Saturday of each month is "Family Day" at the museum. Work with an artist on a special project, enjoy activities throughout the museum, watch artists create glass art and enjoy music and dance performances. On July 12, create a paper Paul Revere lantern with unique star patterns; on Aug. 9, create a sparkly fish using recycled glass and CDs. [www.museumofglass.org](http://www.museumofglass.org).

**Seattle Art Museum:** As part of the free "Summer at SAM" program at Olympic Sculpture Park, families have both nature and art to inspire them. On Thursday evenings, enjoy food trucks, live music and work with local artists on "SAM Creates" projects, such as mixed-media collages and wearable art. On Saturday afternoons, try the self-guided "Drawing in the Park" sessions (materials provided), when kids can sketch the sculptures or scenic views. [www.seattleartmuseum.org](http://www.seattleartmuseum.org).

**Seattle Children's Museum:** In the Imagination Studio, families can paint, create with clay, or design and build in the museum's recycled sculpture area. Each month, a new project is crafted from the theme of the month. July's theme is water, August is animals. When you arrive at the museum, pick up a free time-ticket for a session in the studio. [www.thechildrensmuseum.org](http://www.thechildrensmuseum.org).

**Wing Luke Museum:** At free-admission "Family Fun Days," every third Saturday of the month, kids



SAM Creates

are encouraged to roll up their sleeves and get imaginative. On July 19, a textile designer will help kids create paper puppet characters that talk and dance. Then, go check out the innovative creations in the museum's new "Puppet Power!" exhibit. On Aug. 16, practice the ancient art of block printing with an artist and printmaker. Kids 5 and older. [www.wingluke.org](http://www.wingluke.org).

#### THE COMMUNITY SPACES

##### Kruebeberg Botanic Garden:

Drop by this Shoreline garden on a Friday afternoon for some nature fun. Enjoy a simple plant activity, a themed garden exploration and a craft project, such as making root puppets, fern prints, seed pod boats and conifer cones. Kids ages 2 to 6; \$7 per family or free for members. [www.kruebeberg.org](http://www.kruebeberg.org).

##### Seattle ReCreate:

This new organization's focus is to expose kids to creative reuse and arts education. Drop in for one of the children's art classes in the Greenwood neighborhood and enjoy a hands-on, sensory-based art experience. Projects change weekly. "Paint Playground" for kids ages 1 to 4; "Emergent Artists" for kids 3 to 6; painting, drawing and printmaking for kids 7 to 11; and crafts classes for kids 7 to 12. Purchase a six-class punch card for \$60 or drop in for \$12 a day. [www.seattlecreate.org](http://www.seattlecreate.org).

**Thrive:** Thrive Art School offers summer camps and weekly classes in Seattle, but you can also bring a drawing teacher right into your home with their online art classes. Kids can learn about layering and texture as they create castles, dragons, float planes and animals. Kids ages 6 to 12; \$99.99 for six lessons. [www.thriveart.com](http://www.thriveart.com).

#### THE STORES

**American Girl:** If your child loves all things American Girl, stop by the Alderwood store on Thursday afternoons for a free crafting session. Girls ages 8 and older can make tropical anklets using colorful paper flowers, and craft an anklet for their doll, too. [www.americangirl.com](http://www.americangirl.com).

**The Home Depot:** Children learn do-it-yourself skills as they make wooden projects the first Saturday of each month. Build a bug house on July 5 and a mini-crate pencil holder on Aug. 2. Pre-registration is recommended. Kids ages 5 to 12. <http://workshops.homedepot.com>.

##### Jo-Ann Fabric and Craft:

In "Kids' Camp" sessions, young people can learn how to sew, quilt, knit or decorate cakes. Most classes are for kids ages 8 and older. Also, on July 12 and Aug. 2, enjoy a free "Make It-Take It" session for families; call your neighborhood store to see about the project. [www.joann.com](http://www.joann.com).

**Lowe's:** Make wood projects the second and fourth Saturdays of each month. On July 12 and 26, projects are based on the movie *Turbo*; on Aug. 9 and 23, projects are inspired by *Monsters vs. Aliens*. Pre-registration is recommended. [www.lowesbuildandgrow.com](http://www.lowesbuildandgrow.com).

**Snappadoodle Toys:** Both Redmond and Kenmore stores offer drop-in arts and crafts sessions on Wednesdays. Make keepsake plates, mosaics, volcanoes and more. Classes are for kids ages 3, 4, 5 or 6 and older (check the website for specifics). \$5 per child, pre-registration recommended. [www.snappadoodletoys.com](http://www.snappadoodletoys.com).

Taryn Zier, website editor at Seattle's Child, looks forward to working some of these classes into her family's summer schedule.



## NEIGHBORHOOD WALK

## SOUTH SOUND

**Sunday, August 10**

## SEATTLE AREA

## EASTSIDE

## West Seattle

## ALKI BEACH

## Rent Equipment and Get

## SOUTH SOUND

**Tuesday, August 12**

## NORTH SOUND

**Wednesday, August 13**

**NORTH SOUND**



learned. 3003 61st Ave. S.W. www.loghousemuseum.info.

## LINCOLN PARK AND COLMAN POOL

With nearly five miles of biking paths, Lincoln Park has plenty of land for all the activities that are available here. There are softball fields and a hand-carry boat launch, a P-Patch garden and horseshoe pits - not to mention a mile of beaches! Get to the sand, either park at the north end near the ball fields and take a gentle switchback hike down, or start at the southern parking lot near the playground. A paved promenade gives an easy view of all the fun below.

Don't fear the chlorine red-eye at Colman Pool - it is filled with nearly half a million gallons of salt-water pumped directly from Puget Sound, then heated to 85 degrees for an experience more comfort-

main commercial district, the Junction is the place to go for shopping, whether list in hand or just window browsing. Grown-up fare like beer and wine tastings are calendar mainstays, while the younger crowd will clamor to visit Curious Kidstuff, 4740 California Ave. S.W., on every visit. Don't miss the free summer outdoor movie series (westseattlemovies.blogspot.com), and mark your calendar for West Seattle Summer Fest, July 11-13, with food vendors, live music, a gardening and sustainability expo, and even a kids' play area put on by the YMCA. Bordered by California Avenue S.W., SW Edmunds Street, 44th Avenue S.W., and SW Alaska Street, www.wsjunction.org.

**Husky Deli:** Ice cream is a major draw to this authentically vintage shop, conveniently located in the heart of the shopping district. Its trademarked treat, the Husky, is a giant scoop dipped in chocolate and rolled in nuts, made from any of dozens of rotating flavors like Oreo mint and lemon custard. Family-owned since 1932, Husky Deli also offers custom sandwiches and other lunch favorites, as well as specialty groceries. Come for the ice cream, stay to watch the city stroll by at the big picture windows. 4721 California Ave. S.W. www.huskydeli.com.

**Farmer's Market:** Many of Seattle's neighborhood markets are seasonal, offering up local produce, flowers and nibbles during summer only. But like the city's famous Pike Place, the West Seattle Farmers Market is a year round tradition, open each Sunday from 10 a.m. to 2 p.m. Relaxed Sunday crowds gather to meet neighbors, great farmers by name, and fill their larders for the upcoming week. You can even bring Fido, as long as he's well-behaved, for an outing for the whole family. 44th Avenue S.W. and SW Alaska Street. www.seattlefarmersmarkets.org/markets/west\_seattle.



Highland Spray Area

able, if less "refreshing," than diving into the Sound itself. And they've just installed a giant tube slide, so even if you've been before, your kids will clamor for a return trip. Depending on the weather, it is open from Memorial Day to mid-September. Check the online schedule before going, or swimming competitions or lap-swim times could put a crimp in your fun. 8603 Fauntleroy Way S.W. www.cityofseattle.net/parks/aquatics/colman.htm.

## THE JUNCTION

The heart of West Seattle's

Center, Mukilteo. www.ci.mukilteo.wa.us.

## Friday, August 15

### SEATTLE AREA

**Youth Skate Competition.** Teens and tweens can bring their wheels and compete for prizes. Part of the annual Celebrate Shoreline 10-day event. Noon to 5 p.m. FREE. Paramount Park, Shoreline. http://shorelinewa.gov.

**Center City Cinema Outdoor Movies.** See The LEGO Movie (PG) outdoors. Bring blankets or low chairs. Pre-movie activities at 6 p.m., movie at dusk. FREE. Cascade Playground, Downtown Seattle. www.seattle.gov.

**Family Fun Run.** Run/walk sends families on a scavenger hunt for raffle tickets at participating locations. Raffle prizes for kids and adults. 6:30 to 7:30 p.m. FREE. Pre-register. Town Square Park, Burien. www.burienparks.net.

**Sweet Treats:** Shopping trips can be a bit rough for the younger set, but even eye-rolling teens can be pacified with an appeal to their sweet tooth. It's hard to go wrong with cupcakes, like those at Cupcake Royale, a Seattle favorite with seven locations, including 4556 California Ave. S.W. Bakery Nouveau will please discriminating palates (it even won a 2005 World Cup of Baking Gold Medal) with chocolate croissants that rival Paris's, among other delectables, a few doors down at 4737 California Ave. S.W. And Shoofy Pie Company, 4444 California Ave. S.W., makes everything from scratch, with amazing flavors by the slice or whole to take home, from their eponymous molasses confection to savory mac 'n' cheese CupPies to rhubarb-ginger galettes. We sense a trip to California Avenue S.W. in your future!

## PARKS GALORE

Burn off all that sugar that one of West Seattle's parks. There are many to choose from, but a few of our favorites are:

**Highland Park:** A water park is a perfect alternative on those hot days when the beach is crowded or you don't want to keep an eagle eye on the waves. West Seattle has several parks with water features, but Highland was renovated last year, with spray elements like a bucket dump added to a retrofitted wading pool. 1700 S.W. Cloverdale St.

**Camp Long:** Another park that could take all day to explore - or even two, thanks to camping at the park's rustic cabins - Camp Long features rock climbing (check in before heading out to ensure that Schurman Rock isn't closed for a group climb), a ropes course, a Barred Owl nest, and guided naturalist tours. With 68 acres to explore in the heart of West Seattle, you won't have to go far to really get away. 5200 35th Ave. S.W.

Ariel Hansen is a Seattle writer with a toddler sidekick who is her research assistant and one tough critic.

## EASTSIDE

**Snoqualmie Railroad Days.** Train rides (fee), food and vendor booths, children's area with entertainment, fun run (9 a.m. Sat.), parade (11 a.m. Sat.), hands-on car, car show (Sun.) and more. 5 to 9 p.m. today, 10 a.m. to 10 p.m. Sat., 10 a.m. to 5 p.m. Sun. FREE. Fee for some activities. Downtown Snoqualmie. www.railroaddays.com.

**Pippi Longstocking and the Wayward Pirates.** Bellevue Youth Theatre presents an all-ages live adventure. 7 p.m. today and Sat., 2 p.m. Sat. and Sun. S. Maydenbauer Theatre, Bellevue. www.bellevuewa.gov/BYT-productions.htm.

## SOUTH SOUND

**Bonney Lake Days.** Live entertainment, vendors, fireworks (today), parade (9:30 a.m. Sat.), skate competition (10 a.m. Sat.), car show (Sat.), kids' zone and more. 4 to 9:30 p.m. today, 10 a.m. to 5 p.m. Sat. FREE. Allan Yorke Park, Bonney Lake. www.ci.bonney-lake.wa.us.

## Saturday, August 16

### SEATTLE AREA

**Alki Street Scramble.** Urban orienteering event. Search (on foot or bicycle) for 30 mapped checkpoints in 90 minutes or 3 hours. At each checkpoint find the answer to a multiple-choice question. Rules and tips online. 8:30 a.m. check-in, 9:30 a.m. map handout, 10 a.m. start. \$ to \$\$\$ Alki area. West Seattle (details TBA). www.streetsscramble.com.

**Viking Days.** Grounds of Nordic Heritage Museum are transformed into a Viking marketplace with Swedish pancake breakfast (9 a.m. to noon), Scandinavian entertainment, food, salmon dinner (5 to 7 p.m. Sat.), arts and crafts vendors, and Viking demonstrations. 10 a.m. to 5 p.m. through Sun. FREE, fee for some activities. Nordic Heritage Museum, Seattle (Ballard). www.nordicmuseum.org.

**InnoSkate.** Celebration of skateboarding innovations! Skate features demonstrations, clinics, art making, music and more. 10 a.m. to 5 p.m. Outdoor activities free, indoor activities included with admission. \$5, free ages 4 & younger with paid adult. MOHAI, Seattle (South Lake Union). www.mohai.org.

**Indigenous Cultures Day.** Explore a variety of North American indigenous cultures through dance, music, art, food, children's activities and more. 10 a.m. to 7 p.m. FREE. Seattle Center, Downtown Seattle. www.seattlecenter.com.

**Celebrate Shoreline Festival.** Music, food, community booths, pony rides, petting zoo, car show, family activities and more. FREE. Fee for some activities. 11 a.m. to 8 p.m. Cromwell Park, Shoreline. www.shorelinewa.gov.

**Rainier Valley Seattle Summer Streets.** Rainier Valley Heritage Parade (noon), plus activities for all ages when Rainier Avenue South is closed to traffic between South Brandon and South Alaska Streets. Seattle. 1:30 to 5:30 p.m. FREE. www.seattle.gov/transportation/summer\_rainier.htm.

## EASTSIDE

**Columbia Winery Charity Run & Walk.** Formerly known as the Cowry Run, this annual run/walk benefiting Seattle Children's Hospital includes a 10K run, 5K run/walk and Kids Dash for ages 12 and younger. 7 a.m. registration, 8:30 a.m. 10K, 8:45 a.m. 5K, 9:45 a.m. Kids Dash. \$55, free ages 12 and younger. Columbia Winery, Woodinville. [www.runforchildrens.org](http://www.runforchildrens.org).

**Celebrate Woodinville.** Parade (11 a.m.), music, food, arts and crafts, kids' activities, Basset Bash (1 to 4 p.m.) and more. Noon to 6 p.m. FREE. Downtown Woodinville. [www.celebratewoodinville.com](http://www.celebratewoodinville.com).

## NORTH SOUND

**PEPSapaloosa.** Family music extravaganza features live music from Caspar Babypants, The Not-Is!, Recess Monkey, Rolie Polie Guacamole, and Wo' Pop Dance Party with KEXP's DJ Darek Mazzone. Activities include boules, crafts, rock 'n' roll hairdos and more. 10 a.m. to 2 p.m. \$5 to \$55. Advance purchase recommended. Memorial Stadium, Everett. [www.peps.org](http://www.peps.org).

**Fresh Paint.** A full day of art-inspired activities including artists demonstrating and selling their art, hands-on art activities, food and music. Visit Jetty Island to hunt for a glass float (10:30 a.m. today, ferry reservations recommended). 10 a.m.

Take part in a fun run of two to three miles (registration 7:30 a.m., run 8 a.m.), then an all-ages sandcastle contest (registration 11 a.m., contest begins 11:30 a.m.). Awards at 2 p.m. Part of Celebrate Shoreline. FREE. Richmond Beach Saltwater Park, Shoreline. [www.richmondbeachwa.org](http://www.richmondbeachwa.org).

**Othello Park International Music & Arts Festival.** Music, drama and dance performances, hands-on art projects, animals, vendors, food and more. Noon to 6 p.m. FREE. Othello Park, Seattle (Rainier Valley). [www.othellopark.org](http://www.othellopark.org).

**BrasilFest.** Music, dance, workshops, drumming, exhibits, kids' activities and more. Noon to 8 p.m. FREE. Seattle Center Armory, Fisher Pavilion and Mural Amphitheatre, Downtown Seattle. [www.brasilfest.com](http://www.brasilfest.com).

## NORTH SOUND

**Bubble Run 5K.** Wear white and run through vats of safe, colorful foamy bubbles. 9 a.m. \$55, free ages 6 and younger. Comcast Arena, Everett. [www.bubblerun.com](http://www.bubblerun.com).

## Thursday, August 21

### SEATTLE AREA

**50th Anniversary of The Beatles in Seattle.** Beatles tribute band Creme Tangerine will perform the same set The Beatles did during their Seattle

today. Free ages 15 and younger Aug. 28. All admissions double counted Sept. 1. Evergreen State Fairgrounds, Monroe. [www.evergreenfair.org](http://www.evergreenfair.org).

## Friday, August 22

### EASTSIDE

**Boeing Classic Kids Day.** Watch the pros play golf, plus a Boeing jet flyover, youth putting contest, mascots, face painting and more. 11 a.m. to 4 p.m. \$55, free ages 14 and younger with paid adult. TPC Snoqualmie Ridge, Snoqualmie. <http://boeingclassic.com/kids-day.php>.

### SOUTH SOUND

**Movies in the Park.** Frozen (PG). Bring blankets or chairs. Concessions available. Pre-show activities start at 7 p.m., movie starts at dusk. FREE. Sprinkler Recreation Center, Tacoma. [www.piercecountygwa.org](http://www.piercecountygwa.org).

### FARTHER AFIELD

**Vashon Sheepdog Classic.** Watch highly trained sheepdogs and their handlers participate in herding competitions. The event includes kids' activities, fiber demonstrations, and food and craft vendors. Dawn to dusk through Sun. \$, free ages 8 and younger. Shuttle to/from ferry dock available Sat. and Sun. Misty Isle Farms, Vashon Island. [www.brownpapertickets.com/event/639105](http://www.brownpapertickets.com/event/639105).

## Saturday, August 23

### SEATTLE AREA

**Touch-A-Truck.** Kids can see and climb into a variety of trucks, including those used by police, fire, public works and more. 10 a.m. to 2 p.m. FREE. Tyee Educational Complex, SeaTac. [www.ci.seatac.wa.us](http://www.ci.seatac.wa.us).

### STEM Back-to-School Weekend.

Parents and students can learn about science, technology, engineering and math opportunities and take home school supplies and other giveaways. Today includes the Family Science Fest with displays and science information for families. 10 a.m. to 5 p.m. through Sun. Included with admission. \$5, free military with ID and ages 4 and younger. Museum of Flight, Seattle (Boeing Field). [www.museumofflight.org](http://www.museumofflight.org).

**Duwamish River Festival.** Music, food, information booths, kids' activities and more. Noon to 4 p.m. FREE. Duwamish Waterway Park, Seattle. <http://duwamishcleanup.org>.



**Tukwila Kids' Festival.** Community resource fair, exhibits, entertainment, interactive booths and more. Noon to 4 p.m. FREE. Cascade View Park, Tukwila. [www.tukwilawva.gov](http://www.tukwilawva.gov).

**Chocolate Outdoor Movie Night.** In celebration of the chocolate exhibit currently at MOHAI, see Willy Wonka & the Chocolate Factory (G, 8 p.m.) and Chocolat (PG-13, 10 p.m.). Pre-show activities at 6 p.m. FREE. Lake Union Park, Seattle (South Lake Union). [www.mohai.org](http://www.mohai.org).

### NORTH SOUND

**Monroe Fair Days Parade.** See a procession featuring racecars, horses, pirates and more. Pre-parade fun at 9 a.m., parade begins 11 a.m. FREE. Historic downtown Monroe. <http://choosemonroe.com>.

**Snoqualmie Ice Cream-O-Rama.** Food, ice cream, animals and more. 11 a.m. to 3 p.m. FREE. Snoqualmie Ice Cream, Malibu. [www.snoqualmieicecream.com](http://www.snoqualmieicecream.com).

**Board Bash.** Skateboarding competition for ages 6 through adult, divided into four age categories. Prizes, food and music, too. Registration 11 a.m. to noon, competition noon to 3 p.m. FREE. Mill Creek Sports Park skate park, Mill Creek. [www.cityof-millcreek.com](http://www.cityof-millcreek.com).

### SOUTH SOUND

**Hounds on the Hill.** Two-mile dog walk, plus demonstrations, games and contests, and a pet-friendly street fair. See online for rules. 9 a.m. to 3 p.m., walk at 9:30 a.m. \$5. Bradley Lake Park, Puyallup. [www.houndsonthehill.org](http://www.houndsonthehill.org).

**Feeding Frenzy.** Learn how zookeepers present food to the animals to keep them interested, and watch as they receive specialized treats. 10 a.m. to 3 p.m. through Sun. Included with admission. \$ to \$5, free ages 2



to 5 p.m. through Sun. FREE. Everett Marina Promenade, Everett waterfront. [www.shack.org](http://www.shack.org).

**Moontide Beach Adventure.** Dress for the weather and bring a flashlight as a naturalist shows you sea creatures brought to shore by volunteer divers. 7:30 to 9:30 p.m. FREE. Marina Beach, Edmonds. [www.edmondswa.gov](http://www.edmondswa.gov).

## Sunday, August 27

### SEATTLE AREA

**Fun Run and Sandcastle Contest.**

show in 1964. 7 p.m. FREE. Seattle Center Mural Amphitheatre, Downtown Seattle. [www.creme-tangerine.com](http://www.creme-tangerine.com).

### NORTH SOUND

**Evergreen State Fair.** Old-fashioned fair features animals, carnival, concerts, music, rodeo (Aug. 29-31), food, contests and exhibits. 10 a.m. to 10 p.m. through Aug. 31, 10 a.m. to 7 p.m. Sept. 1. \$ to \$5, free ages 5 and younger and ages 90 and older; other packages and discounts available. Free admission 10 a.m. to 1 p.m.

and younger. Northwest Trek, Eatonville. [www.nwtrek.org](http://www.nwtrek.org)

**Arctic Blast.** Build a snowman, and watch as the arctic animals play with snow and ice. 10 a.m. to 4 p.m. Included with admission. \$ to \$\$, free ages 2 and younger. Point Defiance Zoo & Aquarium, Tacoma. [www.pdza.org](http://www.pdza.org)

**Sand in the City.** Beach party with sand sculptures, food, entertainment, hands-on kids' activities and more. 10 a.m. to 7 p.m. today, 10 a.m. to 5 p.m. Sun. Grandparents' Day (Sun.) includes special activities for grandparents and kids. FREE outdoor activities, admission (\$ to \$\$) applies indoors. Hands On Children's Museum, Olympia. [www.hocm.org](http://www.hocm.org)

### Wednesday, August 27

#### SEATTLE AREA

**Reel Summer Night.** See an outdoor showing of *Monsters University* (G) at 8:15 p.m., enjoy back-to-school fashion tips, snacks and prizes. 7 p.m. FREE. University Village, Seattle (Laurelhurst). [www.uvillage.com](http://www.uvillage.com)

### Friday, August 29

#### NORTH SOUND

**Waterfront Arts Festival.** Children's creative art and play activities, live music, food, and original arts and crafts created by artists from the Puget Sound region. 10 a.m. to 7 p.m. FREE. Rosehill Community Center, Mukilteo. [www.mukilteoarts.org](http://www.mukilteoarts.org)

#### SOUTH SOUND

**Olympia Harbor Days.** Entertainment, food, kids' activities, arts and crafts vendors, vintage, working and retired tugboats (many open to tour), plus tugboat races Sun. 5 to 8 p.m. today, 10 a.m. to 7 p.m. Sat., 10 a.m. to 6 p.m. Sun. FREE. Percival Landing and Port Plaza, Olympia. [www.harbordays.com](http://www.harbordays.com)

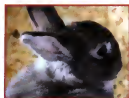
### Saturday, August 30

#### SEATTLE AREA

**Bumbershoot.** Comedy, dance, art, poetry, theater, film, visual arts and music on many stages. Food, arts and crafts, parades and spectacles. Bumbershoot offers entertainment, film and kids' activities (11 a.m. to 6 p.m. daily). See online tips for taking children to Bumbershoot. 11 a.m. to 11 p.m. through Mon. \$\$\$, free ages 10 and younger with adult, three-day passes available. Seattle Center, Downtown Seattle. [www.bumbershoot.org](http://www.bumbershoot.org)

#### SOUTH SOUND

**Get Out of the Rut.** Learn about the rut, or breeding, habits of hoofed animals and witness them grunt, snort, bugle and spar. 10 a.m. to 3 p.m. through Mon. Included with admission. \$ to \$\$, free ages 2 and younger. Northwest Trek, Eatonville. [www.nwtrek.org](http://www.nwtrek.org)



### Bunnies for Birthdays

A truckload of bunnies for your birthday! Adorable bunnies to play with without the upkeep.

206.484.9722

[www.bunniesforbirthdays.com](http://www.bunniesforbirthdays.com)

### Xakary the Magician

Amazing lifetime memories! Live bunny rabbit magically appears! Lots of laughter!

425.260.7842

[www.xakary.com](http://www.xakary.com)



### LEARN: LANGUAGE



Mandarin Experts

Your gateway to learning the chinese language.

- Tailored to student's age, expectations, and skill levels.
- A relaxing and yet effective environment.
- Chinese native instructors.

206.226.2627

[www.mandarinexperts.com](http://www.mandarinexperts.com)

### CHILDCARE

Judi Julin<sup>RN</sup>  
nannybroker inc.

Since 1985

Permanent or temporary nanny placements. On call 24/7.

Seattle: 206.624.1213

Eastside: 425.392.5681

[www.nannybroker.com](http://www.nannybroker.com)

### PARTIES!



### Spa Princess Party

Up to 12 Girls Ages 4 to 18, Relaxing Spa Treatments, Princess, Luau or Rock Star Theme Dress Up, Sparkle Station Make-Over.

- All-Inclusive \$225
- Deluxe \$175
- Essential \$125
- \$50 Reservation Fee

425-328-0401

[www.SpaPrincessParty.com](http://www.SpaPrincessParty.com)



### Charles the Clown Charles the Magician

Hilarious "become-a-clown" routine. Shows & workshops.

Seattle shows from \$150.

"A true children's comedian"—Billboard Magazine

Credit cards • 206.361.7171

[www.charlestheclown.com](http://www.charlestheclown.com)



### ICE SKATING PARTIES CELEBRATE WITH US!

#### Many packages available!

Party rooms include goodie bags, coupon for next visit, tablecloths, balloons and decorations.

- 2 LOCATIONS •

RENTON • 425-254-8750

KIRKLAND • 425-821-7133

[www.SnoKingIceArenas.com](http://www.SnoKingIceArenas.com)

CELEBRATE WASHINGTON AT THE BIGGEST PARTY IN THE STATE!

# WASHINGTON IS NOT ASHAMED TO SCREAM LIKE A KID



## Washington STATE FAIR

2014

DO THE PUYALLUP!

SEPT. 5 - 21

### 360° WORLDTOUR

This 360° video projection will take you on a tour of some of man's most amazing achievements: The Pyramids of Giza, Machu Picchu, and the Apollo 11 Moon Landing to name a few.

### BECAUSE FREE KIDS' WEEKEND!

Kids 18 and under get  
**FREE ADMISSION** to the Fair  
Sat. 9/6 & Sun. 9/7.  
Print required coupon at  
[BECU.org/freekids](http://BECU.org/freekids)

### VALUE PACK Pre-Fair Deal!

Receive 2 gate admission, 6 rides\* of your choice, half-price weekday parking, and 10 food bucks for just **\$35.95** (a \$70 value.)

\*Excludes Extreme Scream

Available through Sept. 5, exclusively at

**Fred Meyer**



**COMCAST DIZZY PASS**  
OPENING WEEKEND (9/6-9/7)  
& WEEKDAY (9/8-9/11 & 9/15-9/18)  
UNLIMITED RIDES!  
Buy at [THEFAIR.COM](http://THEFAIR.COM) by Sept. 4  
for **PRE-FAIR PRICE!**  
\*excluding the Extreme Scream.

**Bonus!** Includes one free  
360° WorldTour admission!

### GETTING HERE IS A BREEZE!

**SOUNDTRANSIT**  
RISE THE WAVE  
Sounder to the Fair  
Saturdays, Sept. 13 & 20

**PIERCE TRANSIT** Fair Express  
Daily service & free parking



SEPT. 5 - 21

#WeAreWA

THEFAIR.COM